



This Institution is an equal opportunity provider  
Menus are subject to change



**Maple Fest Week**  
3/19-3/23



**St. Patrick's Day Meal**  
March 16, 2018

**Thurs. March 1**

Hot Turkey Sandwich  
w/Gravy  
Hand Cut French Fries  
Fresh Fruit & Veggie Bar

**Fri., March 2**

Grilled Ham & Cheese Sandwich  
Chicken Noodle Soup  
Fresh Fruit & Veggie Bar

**Mon., March 5**

Chili Cheese Dog  
Garden Pasta Salad  
Fresh Fruit & Veggie Bar

**Tues., March 6**

**Taste Test Event**  
Taco Bar w/ Soft Shell Tortilla  
Rice Pilaf  
Fresh Fruit & Veggie Bar

**Wed., March 7**

Buffalo Chicken Calzone  
Caesar Salad  
Fresh Fruit & Veggie Bar

**Thurs. March 8**

Sloppy Joes  
Roasted Sweet Potato Wedges  
Fresh Fruit & Veggie Bar

**Fri., March 9**

BBQ Pork Sandwich  
Creamy Coleslaw  
Fresh Fruit & Veggie Bar

**Mon. March 12**

Oven Baked Chicken Tenders w/Dipping Sauce  
French Fries  
Dinner Roll  
Fresh Fruit & Veggie Bar

**Tues. March 13**

Nachos Supreme  
Rice Pilaf  
Fresh Fruit & Veggie Bar

**Wed. March 14**

Cheesy Breadsticks w/ Marinara Sauce  
Minestrone Soup  
Fresh Fruit & Veggie Bar

**Thur March 15**

**St. Patrick's Day Lunch**  
Luck of the Irish Shepherd's Pie  
**Shamrock Maple Muffin**  
Fresh Fruit & Veggie Bar

**Fri., March 16**

**No School**

**Mon. March 19**

**Maple Fest Week**  
Dress Your Own Burger  
Maple Seasoned Parsnips  
Fresh Fruit & Veggie Bar

**Tues. March 20**

**Maple Fest Week**  
Taco Bar w/ Soft Shell Tortilla  
Rice Pilaf  
**Maple Sundaes**  
Fresh Fruit & Veggie Bar

**Wed March 21**

**Maple Fest Week**  
Steak & Cheese Flatbread w/onion & pepper  
**Maple Glazed Carrots**  
Fresh Fruit & Veggie Bar

**Thurs March 22**

**Maple Fest Week**  
Creamy Macaroni & Cheese  
**Maple Muffin**  
Fresh Fruit & Veggie Bar

**Fri., March 23**

**Maple Fest Week**  
Pancakes w/ Local Maple Syrup  
Sausage Links  
Sweet & White Home Fries  
Fresh Fruit & Veggie Bar

**Mon. March 26**

Meatball Sub  
Baked Potato w/Toppings  
Fresh Fruit & Veggie Bar

**Tues. March 27**

Chicken Fajitas w/Onions & Peppers  
Rice Pilaf  
Fresh Fruit & Veggie Bar

**Wed. March 28**

**Birthday Celebration**  
Ham & Cheese Calzone w/Dipping Sauce  
Caesar Salad  
Fresh Fruit & Veggie Bar

**Thurs March 29**

Spaghetti w/ Meat Sauce  
Garlic Breadstick  
Fresh Fruit & Veggie Bar

**Fri., March 30**

General Tso's Chicken served Over Rice  
Steamed Broccoli  
Dinner Roll  
Fresh Fruit & Veggie Bar



**Otter Valley High School Lunch**  
March 2018

**Daily Lunch Offerings:**

Main Meal or  
**Cabot Yogurt Parfait** or  
Deli Sandwich or  
Pizza Or Express

**Offered with all Meals**  
**Fresh Fruit & Veggie Bar & Vegetable Soup**  
Fresh Fruit (Full cup offered daily)  
**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Taste Test Event**  
Tuesday  
March 6, 2018

Featuring  
Maple

**Harvest of the Month**  
March  
Maple



**Prices**

Breakfast	\$2.25	Lunch	\$2.75
Adult Breakfast	\$2.75	Adult Lunch	\$4.10

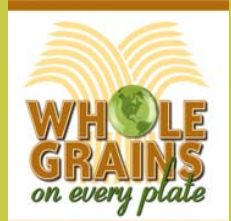
Milk \$.50

**Pay for meals on-line**  
**For free on-line service go to**  
<http://www.abbeygroup.net>  
**Search for Your School and Click the K12 Payment Center link**

Local Products Used  
when available

**We Support Local New England Companies**

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup- VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand- Local Produce  
Green Mtn. Farms- Cream Cheese  
Hood-Milk





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**Thurs. March 1**

Healthy Whole Grain Breakfast Round  
Fresh Fruit  
Milk

**Fri., March 2**

Ham & Cheese Bagel  
Fresh Fruit  
Milk

**Mon., March 5**

Whole Grain French Toast Sticks  
Fresh Fruit  
Milk

**Tues., March 6**

Whole Grain Cinnamon Roll  
Fresh Fruit  
Milk

**Wed., March 7**

Scrambled Egg & Cheese Wrap  
Fresh Fruit  
Milk

**Thurs. March 8**

Healthy Whole Grain Breakfast Round  
Fresh Fruit  
Milk

**Fri., March 9**

Ham & Cheese Bagel  
Fresh Fruit  
Milk

**Mon. March 12**

Whole Grain French Toast Sticks  
Fresh Fruit  
Milk

**Tues. March 13**

Whole Grain Cinnamon Roll  
Fresh Fruit  
Milk

**Wed. March 14**

Scrambled Egg & Cheese Wrap  
Fresh Fruit  
Milk

**Thur March 15**

Healthy Whole Grain Breakfast Round  
Fresh Fruit  
Milk

**Fri., March 16**

**No School**

**Mon. March 19**

Whole Grain French Toast Sticks  
Fresh Fruit  
Milk

**Tues. March 20**

Whole Grain Cinnamon Roll  
Fresh Fruit  
Milk

**Wed March 21**

Scrambled Egg & Cheese Wrap  
Fresh Fruit  
M

**Thurs March 22**

Healthy Whole Grain Breakfast Round  
Fresh Fruit  
Milk

**Fri., March 23**

Ham & Cheese Bagel  
Fresh Fruit  
Milk

**Mon. March 26**

Whole Grain French Toast Sticks  
Fresh Fruit  
Milk

**Tues. March 27**

Whole Grain Cinnamon Roll  
Fresh Fruit  
Milk

**Wed. March 28**

Scrambled Egg & Cheese Wrap  
Fresh Fruit  
Milk

**Thurs March 29**

Healthy Whole Grain Breakfast Round  
Fresh Fruit  
Milk

**Fri., March 30**

Ham & Cheese Bagel  
Fresh Fruit  
Milk



**Otter Valley High School  
Breakfast  
March 2018**

**DAILY BREAKFAST OPTIONS**

**Bagel w/Cream Cheese**

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Questions or Comments regarding your School Meal Program?**

Please contact The Abbey Group Vice President of Operations Scott Choiniere  
scott@abbeygroup.net



**Prices**

Breakfast	\$2.25	Lunch	\$2.75
Adult Breakfast	\$2.75	Adult Lunch	\$4.10
	Milk \$0.50		

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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

