



This Institution is an equal opportunity provider
Menus are subject to change



Sunday, February 4 -Super Bowl

Wednesday, February 14– 

Valentines Day



Monday February 19 – President's Day

Lent Begins Wednesday February 14
Vegetarian options will be available

Mon., Feb. 5

Chicken & Biscuits
Steamed Peas & Carrots
Fresh Fruit & Veggie Bar

Tues., Feb. 6

Taste Test Event
Taco Bar w/ Soft Shell
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Feb. 7

JISP
Dress Your Own Burger
Oven Baked French Fires
Fresh Fruit & Veggie Bar

Thurs., Feb. 8

Macaroni & Cheese
Cornbread
Sautéed Cabbage
Fresh Fruit & Veggie Bar

Fri., Feb. 9

Oven Baked BBQ Chicken
Roasted Sweet Potato Wedges
Dinner Roll
Fresh Fruit & Veggie Bar

Mon., Feb. 12

Grilled Chicken Sandwich
Lettuce & Tomato
Oven Baked French Fries
Fresh Fruit & Veggie Bar

Tues., Feb. 13

Nachos Supreme
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Feb. 14

JISP
Chicken Patty Sandwich
Oven Baked French Fires
Fresh Fruit & Veggie Bar

Thurs, Feb. 15

Spaghetti w/ Meat Sauce
Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Feb. 16

Birthday Celebration
BBQ Pork Sandwich
Creamy Coleslaw
Fresh Fruit & Veggie Bar

Mon., Feb. 19

No School

Tues., Feb. 20

No School

Wed., Feb. 21

No School

Thurs, Feb. 22

No School

Fri., Feb. 23

No School

Mon., Feb. 26

General Tso's Chicken served Over Rice
Asian Cabbage Salad
Fresh Fruit & Veggie Bar

Tues., Feb. 27

Pancakes w/ Warm Syrup
Scrambled Eggs
Sweet & White Home Fries
Fresh Fruit & Veggie Bar

Wed., Feb. 28

JISP
Dress Your Own Hot Dog
Oven Baked French Fires
Fresh Fruit & Veggie Bar



Leland & Gray High School Lunch
February 2018

Daily Lunch Offerings:

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich or
Pizza Or Express

Offered with all Meals
Fresh Fruit & Veggie Bar & Vegetable Soup

Fresh Fruit (Full cup offered daily)
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event
Tuesday
February 6, 2018

Featuring
Cabbage

Harvest of the Month
February
Cabbage



Prices

Breakfast \$1.75	Lunch \$2.85
Adult Breakfast \$2.50	Adult Lunch \$3.75
Milk \$.50	

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Local Products Used
when available

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.– Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk





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February

Mon., Feb. 5

Homemade Pancakes w/Syrup
Fresh Fruit
Milk

Tues., Feb. 6

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Wed., Feb. 7

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs., Feb. 1

Homemade Fruit Filled Muffin w/ Cheese Stick
Fresh Fruit
Milk

Fri., Feb. 2

Sausage & Cheese Muffin
Fresh Fruit
Milk

Mon., Feb. 12

Homemade Pancakes w/Syrup
Fresh Fruit
Milk

Tues., Feb. 13

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Wed., Feb. 14

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs., Feb. 15

Homemade Fruit Filled Muffin w/ Cheese Stick
Fresh Fruit
Milk

Fri., Feb. 16

Sausage & Cheese Muffin
Fresh Fruit
Milk

Mon., Feb. 19

No School

Tues., Feb. 20

No School

Wed., Feb. 21

No School

Thurs., Feb. 22

No School

Fri., Feb. 23

No School

Mon., Feb. 26

Homemade Pancakes w/Syrup
Fresh Fruit
Milk

Tues., Feb. 27

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Wed., Feb. 28

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk



Leland & Gray High School Breakfast February 2018

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese Or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



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Adult Breakfast \$2.50	Adult Lunch \$3.75
Milk \$.50	

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<http://www.abbeygroup.net/careers.php>

