



This Institution is an equal opportunity provider
Menus are subject to change



Tues., Aug. 28

Chicken Patty Sandwich w/Lettuce & Tomato
Oven Baked French Fries
Fresh Fruit & Veggie Bar

Wed., Aug. 29

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Broccoli Salad
Fresh Fruit & Veggie Bar

Thurs., Aug. 30

Spaghetti w/ Homemade Meat Sauce
Baker's Pride Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Aug. 31

No School

Mon., Sept. 3

No School Labor Day

Tues., Sept. 4

Cape Cod Crusted Fish & Chips (French Fries)
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 5

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Zucchini Parmesan
Fresh Fruit & Veggie Bar

Thurs., Sept. 6

Cheesy Ravioli Bake
Baker's Pride Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Sept. 7

BirthDay Celebration
Slow Roasted BBQ Pork Sandwich
Corn on the Cob
Fresh Fruit & Veggie Bar

Mon., Sept. 10

Meatball Sub
Baked Potato w/Toppings
Fresh Fruit & Veggie Bar

Tues., Sept. 11

Taste Test Event
Nachos w/ The Works (Ground Beef, Tortilla Chips, Homemade Cheese Sauce & Salsa)
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 12

Cheesy Breadsticks w/Marinara
Chicken Noodle Soup
Fresh Fruit & Veggie Bar

Thurs, Sept. 13

Creamy Macaroni & Cheese
Homemade Cornbread
Fresh Fruit & Veggie Bar

Fri., Sept. 14

Maple Apple French Toast Bake
Local Maple Syrup
Fresh Cut Sweet & White Home Fries
Twin Sausage Links
Fresh Fruit & Veggie Bar

Mon., Sept. 17

Oven Baked Chicken Nuggets w/Dipping Sauce
Roasted Sweet Potato Wedges
Fresh Fruit & Veggie Bar

Tues., Sept. 18

Taco Bar w/ Soft Shell
Homemade Salsa w/Fresh Tomatoes
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 19

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Caesar Salad
Fresh Fruit & Veggie Bar

Thurs, Sept. 20

Shepherd's Pie (Hamburger, Corn & Mashed Potato)
Dinner Roll
Fresh Fruit & Veggie Bar

Fri., Sept. 21

Grilled Cheese Sandwich
Cheddar Broccoli Soup
Fresh Fruit & Veggie Bar

Mon., Sept. 24

Dress Your Own Burger
Hand Cut French Fries
Fresh Fruit & Veggie Bar

Tues., Sept. 25

Chicken & Cheese Quesadilla w/Salsa
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 26

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Broccoli Salad
Fresh Fruit & Veggie Bar

Thurs, Sept. 27

Spaghetti w/ Homemade Meat Sauce
Baker's Pride Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Sept. 28

Hearty Chicken & Biscuits
Steamed Peas
Fresh Fruit & Veggie Bar



Colebrook Elementary School Lunch
August/September 2018

Daily Lunch Offerings:
Main Meal or
Yogurt Parfait or
Deli Sandwich

Offered with all Meals:
Fresh Fruit & Veggie Bar

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Taste Test Event
Tuesday
September 11, 2018

Featuring
Broccoli

Harvest of the Month



August
Tomatoes

September
Broccoli/Cauliflower



Prices

Breakfast \$1.60	Lunch \$2.65 K-5
	\$2.90 6-8
Reduced \$.30	Adult \$.40
Adult	Adult Lunch \$3.85
Breakfast \$2.00	
	Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

NORTH COAST SEAFOODS



Chef's Catch



New Local Product: North Coast Seafood

The Abbey Group is proud to announce our Sea to School program. We have contracted with North Coast Seafood in Boston MA. A great third generation family run business. The fishermen are catching GMRI Certified Sustainable Wild Acadian Redfish, locally in the Gulf of Maine. Each fish is caught individually with line and hook. North Coast Seafood fillets the fish, debones the fish, and then breads the fish with low fat Cape Cod breading. This is a whole muscle kid friendly healthy product. We are excited to menu this restaurant quality product and support local business in New England.



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Tues., Aug. 28

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Wed., Aug. 29

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Thurs., Aug 30

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri., Aug 31

No School

Mon., Sept 3

No School Labor Day

Tues., Sept 4

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Wed., Sept 5

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Thurs., Sept. 6

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri., Sept. 7

Ham & Cheese Bagel
Fresh Fruit
Milk

Mon., Sept 10

Whole Grain French Toast Sticks
Fresh Fruit
Milk

Tues., Sept 11

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Wed., Sept 12

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Thurs, Sept 13

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri., Sept 14

Ham & Cheese Bagel
Fresh Fruit
Milk

Mon., Sept 17

Whole Grain French Toast Sticks
Fresh Fruit
Milk

Tues., Sept 18

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Wed., Sept 19

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Thurs, Sept 20

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri., Sept 21

Ham & Cheese Bagel
Fresh Fruit
Milk

Mon., Sept 24

Whole Grain French Toast Sticks
Fresh Fruit
Milk

Tues., Sept 25

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Wed., Sept 26

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Thurs, Sept 27

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri., Sept 28

Ham & Cheese Bagel
Fresh Fruit
Milk



Colebrook Elementary School Breakfast
August/September 2018

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast \$1.60	Lunch \$2.65 K-5
	\$2.90 6-8
Reduced \$.30	Adult \$.40
Adult Breakfast \$2.00	Adult Lunch \$3.85
	Milk \$.50

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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

