



This Institution is an equal opportunity provider
Menus are subject to change



**Winooski High School
Lunch
May 2018**



Mon. May 7	Tues. May 8	Wed. May 9	Thurs. May 10	Fri. May 11
Oven Baked BBQ Chicken Garden Pasta Salad Fresh Fruit & Veggie Bar	Taste Test Event Beef Nachos Supreme Fresh Salsa Rice Pilaf Fresh Fruit & Veggie Bar	Early Release Ham & Cheese Double Decker Broccoli Salad Fresh Fruit & Veggie Bar	Cheesy Ravioli Bake Garlic Breadstick Fresh Fruit & Veggie Bar	BirthDay Celebration Sloppy Joes Baked Potato w/Toppings Fresh Fruit & Veggie Bar
Mon. May 14	Tues. May 15	Wed. May 16	Thurs. May 17	Fri. May 18
Philly Steak & Cheese Sub Oven Baked French Fries Fresh Fruit & Veggie Bar	Chicken & Cheese Fajita w/Onions, Peppers & Salsa Spanish Rice Fresh Fruit & Veggie Bar	Chicken Parm Flatbread Caesar Salad Fresh Fruit & Veggie Bar	Homemade Macaroni & Cheese Cornbread Fresh Fruit & Veggie Bar	Brunch for Lunch Pancakes w/ Syrup Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar
Mon. May 21	Tues. May 22	Wed. May 23	Thurs. May 24	Fri. May 25
Meatball Sub Sautéed Radishes Fresh Fruit & Veggie Bar	Taco Bar w/ Soft Shell Tortilla w/Toppings Southwest Rice Pilaf Fresh Fruit & Veggie Bar	Cheesy Breadsticks w/ Marinara Caesar Salad Fresh Fruit & Veggie Bar	Homemade Shepherd's Pie (Ground Beef, Mashed Potato & Corn) Dinner Roll Fresh Fruit & Veggie Bar	Early Release Chicken Patty Sandwich Garden Pasta Salad Baked Beans
Mon. May 28	Tues. May 29	Wed. May 30	Thurs. May 31	
No School	Grilled Cheese Sandwich Chicken Noodle Soup Fresh Fruit & Veggie Bar	Hot Hamburg Sandwich w/Gravy Mashed Potato Fresh Fruit & Veggie Bar	Chicken & Cheese Quesadilla Rice Pilaf Summer Radish Salad Fresh Fruit & Veggie Bar	



Daily Lunch Offerings:

Main Meal or
Cabot Yogurt Parfait or
Deli Bar or Express Lane or
Homemade Pizza **or**
Vegetarian Option

Offered with all Meals
Fresh Fruit & Veggie Bar & Vegetable Soup
Fresh Fruit (Full cup offered daily)
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event
Tuesday
May 8, 2018

Featuring
Radishes

Harvest of the Month
Radish



Local Products Used
when available

Prices

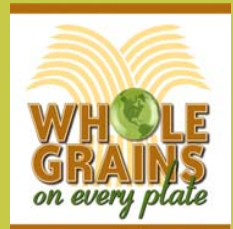
Community Eligibility Provision
Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$1.75	Milk \$.50	Adult Lunch \$3.60
------------------------	------------	--------------------

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk
Green Mtn. Farm Direct-Local Produce





This Institution is an equal opportunity provider
Menus are subject to change



Tues. May 1

Whole Grain
Cinnamon Roll

Fresh Fruit

Fresh Milk

Wed. May 2

Homemade
Fruit Filled
Muffin

Fresh Fruit

Milk

Thurs. May 3

Whole Grain
Breakfast
Round

Fresh Fruit

Milk

Fri. May 4

Scrambled
Eggs w/ 1/2
Bagel

Fresh Fruit

Milk

Mon. May 7

Whole Grain
French Toast
Sticks

Fresh Fruit

Milk

Tues. May 8

Whole Grain
Cinnamon Roll

Fresh Fruit

Fresh Milk

Wed. May 9

Early Release
Homemade
Fruit Filled
Muffin

Fresh Fruit

Milk

Thurs. May 10

Whole Grain
Breakfast
Round

Fresh Fruit

Milk

Fri. May 11

Scrambled
Eggs w/ 1/2
Bagel

Fresh Fruit

Milk

Mon. May 14

Whole Grain
French Toast
Sticks

Fresh Fruit

Milk

Tues. May 15

Whole Grain
Cinnamon Roll

Fresh Fruit

Fresh Milk

Wed. May 16

Homemade
Fruit Filled
Muffin

Fresh Fruit

Milk

Thurs. May 17

Whole Grain
Breakfast
Round

Fresh Fruit

Milk

Fri. May 18

Scrambled
Eggs w/ 1/2
Bagel

Fresh Fruit

Milk

Mon. May 21

Whole Grain
French Toast
Sticks

Fresh Fruit

Milk

Tues. May 22

Whole Grain
Cinnamon Roll

Fresh Fruit

Fresh Milk

Wed. May 23

Homemade
Fruit Filled
Muffin

Fresh Fruit

Milk

Thurs. May 24

Whole Grain
Breakfast
Round

Fresh Fruit

Milk

Fri. May 25

Early Release
Scrambled
Eggs w/ 1/2
Bagel

Fresh Fruit

Milk

Mon. May 28

**No
School**

Tues. May 29

Whole Grain
Cinnamon Roll

Fresh Fruit

Fresh Milk

Wed. May 30

Homemade
Fruit Filled
Muffin

Fresh Fruit

Milk

Thurs. May 31

Whole Grain
Breakfast
Round

Fresh Fruit

Milk



Winooski High School Breakfast May 2018

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin
or Egg & Cheese English Muffin
or Sausage & Cheese English
Muffin or Yogurt & Granola

*Students may take two fruit servings with
each meal. They must take at least one to
qualify for the meal prices listed.*

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?

Please contact The
Abbey Group Vice
President of
Operations
Scott Choiniere

scott@abbeygroup.net



Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included

Adult
Breakfast \$1.75

Adult
Lunch \$3.60

Milk \$.50

Pay for meals on-line

For free on-line service go to

<http://www.abbeygroup.net>

Search for Your School and Click the
K12 Payment Center link

Looking for a job that
lets you be at home
when your family
needs you there?

Come Join our Team!!
Go to the link below.

You can download an
application or see
what we have
available through
Careerbuilder.

[http://www.abbeygroup.net/
careers.php](http://www.abbeygroup.net/careers.php)

