



This Institution is an equal opportunity provider
Menus are subject to change



Fri. June 1

Hot Turkey Sandwich
w/Gravy
Chef's Mashed Potato
Fresh Fruit & Veggie Bar

Mon. June 4

Brunch for Lunch
Pancakes w/ Syrup
Seasoned Potato Wedges
Sausage Links
Fresh Fruit & Veggie Bar

Tues. June 5

Taste Test Event
Taco Bar w/ Soft Shell Tortilla w/Toppings
Southwest Rice Pilaf
Fresh Fruit & Veggie Bar

Wed. June 6

Ham & Cheese Calzone
w/Dipping Sauce
Broccoli Salad
Fresh Fruit & Veggie Bar

Thurs. June 7

Spaghetti w/Meat Sauce
Garlic Breadstick
Strawberry Spinach Salad
Fresh Fruit & Veggie Bar

Fri. June 8

Birthday Celebration
Grilled Cheese Sandwich
Chicken Noodle Soup
Spinach Salad
Fresh Fruit & Veggie Bar

Mon. June 11

Oven Baked BBQ Chicken
Oven Baked Potato Wedges
Dinner Roll
Fresh Fruit & Veggie Bar

Tues. June 12

End of Year BBQ
Hamburger & Hot Dogs w/all the Fixings
Garden Pasta Salad
Baked Beans
Chilled Watermelon
Summertime Dessert

Wed. June 13

Homemade Shepherd's Pie
(Ground Beef, Mashed Potato & Corn)
Dinner Roll
Fresh Fruit & Veggie Bar

Thurs. June 14

Last Day Bag Lunch
Extravaganza Turkey, Ham or Veggie Sandwich
Veggie Sticks
Sun Chips
Fruit & Milk

Fri. June 15

Mon. June 18

Tues. June 19

Wed. June 20

Thurs. June 21

Fri. June 22



Waits River Valley School
Lunch
June 2018

Daily Lunch Offerings:

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich or
Pizza

Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup
Hood Milk: Skim, 1%
white or
Fat-Free Chocolate

Taste Test Event
Tuesday
June 5, 2018

Featuring
Spinach

Harvest of
the Month
Spinach



Prices

Community Eligibility Provision
Meals to all Students are Free

Adult		Adult	
Breakfast	\$2.10	Lunch	\$3.75
		Milk	\$0.50

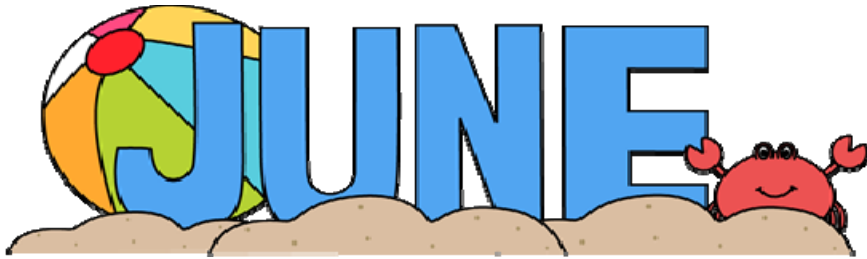
Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

Local Products Used
when available

**We Support Local New England
Companies**

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk





Fri. June 1

Fruit & Yogurt Smoothie
w/Fruit Muffin
Fresh Fruit
Milk

Mon. June 4

WG Breakfast Tornadoes
Fresh Fruit
Milk

Tues. June 5

Whole Grain French Toast Sticks
Fresh Fruit
Milk

Wed. June 6

Ham & Cheese Bagel
Fresh Fruit
Milk

Thurs. June 7

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri. June 8

Fruit & Yogurt Smoothie
w/Fruit Muffin
Fresh Fruit
Milk

Mon. June 11

WG Breakfast Tornadoes
Fresh Fruit
Milk

Tues. June 12

Whole Grain French Toast Sticks
Fresh Fruit
Milk

Wed. June 13

Ham & Cheese Bagel
Fresh Fruit
Milk

Thurs. June 14

Half Day
Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri. June 15

Mon. June 18

Tues. June 19

Wed. June 20

Thurs. June 21

Fri. June 22



Waits River Valley School
Breakfast
June 2018

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin
or Bagels w/Cream Cheese
Or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net



Prices

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	Milk \$0.50		

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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

