



Fri. June 1

Hot Turkey Sandwich
w/Gravy
Chef's Mashed Potato
Fresh Fruit & Veggie Bar

Mon. June 4

BBQ Pulled Pork Sandwich
Three Herb Potato Salad
Dinner Roll
Fresh Fruit & Veggie Bar

Tues. June 5

Taste Test Event
Taco Bar w/ Soft Shell Tortilla w/Toppings
Southwest Rice Pilaf
Fresh Fruit & Veggie Bar

Wed. June 6

Oven Baked Fish Sticks
Crispy French Fries
Dinner Roll
Fresh Fruit & Veggie Bar

Thurs. June 7

Spaghetti w/Meat Sauce
Garlic Breadstick
Strawberry Spinach Salad
Fresh Fruit & Veggie Bar

Fri. June 8

Birthday Celebration
Grilled Cheese Sandwich
Chicken Noodle Soup
Spinach Salad
Fresh Fruit & Veggie Bar

Mon. June 11

Oven Baked BBQ Chicken
Oven Baked French Fries
Dinner Roll
Fresh Fruit & Veggie Bar

Tues. June 12

Chicken & Cheese Fajita w/Onions, Peppers & Salsa
Spanish Rice
Fresh Fruit & Veggie Bar

Wed. June 13

End of Year BBQ
Hamburger & Hot Dogs w/all the Fixings
Garden Pasta Salad
Baked Beans
Chilled Watermelon
Summertime Dessert

Thurs. June 14

Cheesy Ravioli Bake
Garlic Breadstick
Strawberry Spinach Salad
Fresh Fruit & Veggie Bar

Fri. June 15

Last Day
Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Broccoli Salad
Fresh Fruit & Veggie Bar

Mon. June 18

Tues. June 19

Wed. June 20

Thurs. June 21

Fri. June 22



Swanton Central School
Lunch
June 2018

Daily Lunch Offerings:

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich or
Pizza or Express or Grab & Go

Express Options:

Monday: Oven Baked Corn Dog
Tuesday: Chicken Nuggets
Wednesday: Cheeseburger
Thursday: Dress Your Own Hot Dog
Friday: Chicken Patty Sandwich

Offered with all Meals
Fresh Fruit & Veggie Bar
& Vegetable Soup
Hood Milk: Skim, 1% white or

Taste Test Event
Tuesday
June 5, 2018

Featuring
Spinach

Harvest of
the Month
Spinach



Prices

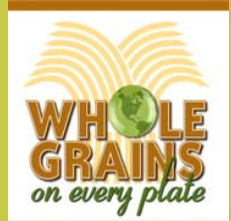
Breakfast	\$0.00	Lunch	\$2.45
Adult Breakfast	\$2.00	Adult Lunch	\$3.60
		Milk	\$.50

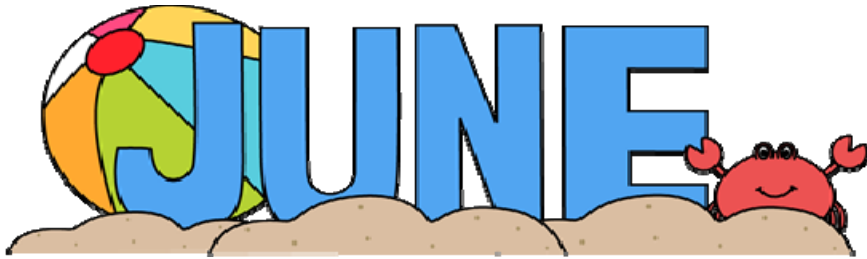
Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

Local Products Used
when available

We Support Local New England
Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk
Green Mtn. Farm Direct-Local Produce
Bergeron & Son's Produce





Fri. June 1

Fruit Filled
Muffin w/
Cheese Stick

Fresh Fruit
Milk

Mon. June 4

Whole Grain
Breakfast
Bar

Fresh Fruit
Milk

Tues. June 5

Yogurt
w/Home Made
Granola

Fresh Fruit
Milk

Wed. June 6

Assorted Cold
Cereal w/
Graham
Crackers
Fresh Fruit
Milk

Thurs. June 7

Healthy
Whole Grain
Breakfast
Round
Fresh Fruit
Milk

Fri. June 8

Fruit Filled
Muffin w/
Cheese Stick

Fresh Fruit
Milk

Mon. June 11

Whole Grain
Breakfast
Bar

Fresh Fruit
Milk

Tues. June 12

Yogurt
w/Home Made
Granola

Fresh Fruit
Milk

Wed. June 13

Assorted Cold
Cereal w/
Graham
Crackers
Fresh Fruit
Milk

Thurs. June 14

Healthy
Whole Grain
Breakfast
Round
Fresh Fruit
Milk

Fri. June 15

Half Day
Fruit Filled
Muffin w/
Cheese Stick
Fresh Fruit
Milk

Mon. June 18

Tues. June 19

Wed. June 20

Thurs. June 21

Fri. June 22



Swanton Central School
Breakfast
June 2018

**Breakfast Free to all
Students
100% Fruit Juice or Fresh
Fruit**

*Students may take two fruit servings
with each meal. They must take at
least one to qualify for the meal prices
listed.*

**Hood Milk: Skim, 1% white
or
Fat-Free Chocolate**

**Questions or
Comments
regarding your
School Meal
Program?**

Please contact The
Abbey Group Vice
President of
Operations
Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$0.00	Lunch	\$2.45
Adult Breakfast	\$2.00	Adult Lunch	\$3.60

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