



This Institution is an equal opportunity provider
Menus are subject to change



**Swanton Central School
Lunch
April 2018**

Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Oven Baked BBQ Chicken Garden Pasta Salad Dinner Roll Fresh Fruit & Veggie Bar	Taco Bar w/ Soft Shell Tortilla Rice Pilaf Fresh Fruit & Veggie Bar	Cheesy Breadsticks w/ Marinara Sauce Chicken Noodle Soup Fresh Fruit & Veggie Bar	Homemade Shepherd's Pie (Ground Beef, Mashed Potato & Corn) Cornbread Fresh Fruit & Veggie Bar	Chicken & Biscuits Garlic Butter Roasted Carrots Fresh Fruit & Veggie Bar
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
Dress Your Own Burger Homemade Potato Salad Fresh Fruit & Veggie Bar	Taste Test Event Chicken & Cheese Quesadilla Rice Pilaf Fresh Fruit & Veggie Bar	Buffalo Dip w/Tortilla Chips Caesar Salad Fresh Fruit & Veggie Bar	Spaghetti w/ Meat Sauce Garlic Breadstick Fresh Fruit & Veggie Bar	Birthdays Celebration Hot Turkey Sandwich w/Gravy Hand Cut French Fries Fresh Fruit & Veggie Bar
Mon. April 16	Tues. April 17	Wed. April 18	Thurs. April 19	Fri. April 20
Meatball Sub Kale Pesto Pasta Fresh Fruit & Veggie Bar	Nachos Supreme Rice Pilaf Fresh Fruit & Veggie Bar	Pancakes w/ Local Maple Syrup Sausage Links Sweet & White Home Fries Fresh Fruit & Veggie Bar	Spring Dinner Seasoned Roast Pork Mashed Potato w/Gravy Steamed Peas Dinner Roll Spring Dessert	Chili Cheese Dog Maple Dill Carrots Fresh Fruit & Veggie Bar
Mon. April 23	Tues. April 24	Wed. April 25	Thurs. April 26	Fri. April 27
No School	No School	No School	No School	No School
Mon. April 30				
Chicken Patty Sandwich Lettuce & Tomato Oven Baked French Fries Fresh Fruit & Veggie Bar				

April



Daily Lunch Offerings:

Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich or
Pizza or Express or Grab & Go

Express Options:

Monday: Oven Baked Corn Dog
Tuesday: Chicken Nuggets
Wednesday: Cheeseburger
Thursday: Dress Your Own Hot Dog
Friday: Chicken Patty Sandwich

Offered with all Meals
Fresh Fruit & Veggie Bar
& Vegetable Soup
Hood Milk: Skim, 1% white or

Taste Test Event
Tuesday
April 10, 2018

Featuring
Carrots

Harvest of the Month
Carrots

Prices

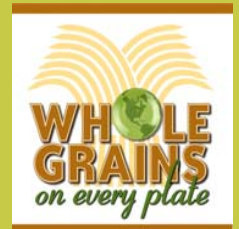
Breakfast	\$0.00	Lunch	\$2.45
Adult Breakfast	\$2.00	Adult Lunch	\$3.60
		Milk	\$0.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

Local Products Used
when available

We Support Local New England Companies

- Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
- Cabot Cooperative- Yogurt, Sour Cream
- King Arthur Flour- Dinner Rolls, Pizza Dough
- Chappelle's Potatoes
- Georgia Mtn. Maples Syrup- VT. Maple Syrup
- Sunrise Orchards-Apples
- Mazza Farm Stand- Local Produce
- Green Mtn. Farms- Cream Cheese
- Hood-Milk
- Green Mtn. Farm Direct-Local Produce
- Bergeron & Son's Produce





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Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Whole Grain Breakfast Bar Fresh Fruit Milk	Yogurt w/Home Made Granola Fresh Fruit Milk	Assorted Cold Cereal w/ Graham Crackers Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk
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Mon. April 30				
Whole Grain Breakfast Bar Fresh Fruit Milk				



Swanton Central School Breakfast April 2018

Breakfast Free to all Students
100% Fruit Juice or Fresh Fruit

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net

Prices

Breakfast	\$0.00	Lunch	\$2.45
Adult Breakfast	\$2.00	Adult Lunch	\$3.60

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Looking for a job that lets you be at home when your family needs you there?
Come Join our Team!! Go to the link below.
You can download an application or see what we have available through Careerbuilder.
<http://www.abbeygroup.net/careers.php>

