



This Institution is an equal opportunity provider
Menus are subject to change



Maple Fest Week
3/19-3/23



St. Patrick's Day Meal
March 16, 2018

Thurs. March 1

Hot Turkey Sandwich
w/Gravy
Hand Cut French Fries
Steamed Peas

Fri., March 2

Grilled Cheese Sandwich
Chicken Noodle Soup
Carrot Sticks w/Hummus Dip

Mon., March 5

Dress Your Own Hot Dog
Garden Pasta Salad
Baked Beans

Tues., March 6

Taste Test Event
Taco Bar w/ Soft Shell Tortilla
Rice Pilaf
Steamed Corn

Wed., March 7

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Caesar Salad

Thurs. March 8

Sloppy Joes
Roasted Sweet Potato Wedges
Fresh Celery Sticks

Fri., March 9

BBQ Pork Sandwich
Creamy Coleslaw
Steamed Green Beans

Mon. March 12

Chicken Patty Sandwich
Lettuce & Tomato
Oven Baked French Fries

Tues. March 13

Nachos Supreme
Rice Pilaf
Warm Black Beans

Wed. March 14

Cheesy Breadsticks w/ Marinara Sauce
Minestrone Soup
Fresh Carrot Sticks

Thur March 15

St. Patrick's Day Lunch
Luck of the Irish Shepherd's Pie
Shamrock Maple Muffin
Green Pepper Sticks

Fri., March 16

No School

Mon. March 19

Maple Fest Week
Dress Your Own Burger
Maple Seasoned Parsnips
Baked Beans

Tues. March 20

Maple Fest Week
Taco Bar w/ Soft Shell Tortilla
Rice Pilaf
Steamed Corn
Maple Sundaes

Wed March 21

Maple Fest Week
Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Maple Glazed Carrots

Thurs March 22

Maple Fest Week
Creamy Macaroni & Cheese
Maple Muffin
Broccoli Florets w/Dip

Fri., March 23

Maple Fest Week
Pancakes w/ Local Maple Syrup
Sausage Links
Sweet & White Home Fries
Green Pepper Sticks

Mon. March 26

Meatball Sub
Baked Potato w/Toppings
Steamed Green Beans

Tues. March 27

Chicken Fajitas w/Onions & Peppers
Rice Pilaf
Warm Black Beans

Wed. March 28

Birthday Celebration
Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Caesar Salad

Thurs March 29

Spaghetti w/ Meat Sauce
Garlic Breadstick
Fresh Carrot Sticks w/Dip

Fri., March 30

General Tso's Chicken served Over Rice
Steamed Broccoli
Fresh Celery Sticks
Dinner Roll



Sudbury Country School Lunch
March 2018

Daily Lunch Offerings:

Main Meal
Deli Sandwich

Offered with all Meals

Fresh Fruit

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event
Tuesday
March 6, 2018

Featuring
Maple

Harvest of the Month
March
Maple



Prices

Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10

Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Local Products Used
when available

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk





Thurs. March 1

Whole Grain
Fruit Filled
Muffin w/
Cheese Stick
Fresh Fruit
Milk

Fri., March 2

Ham & Cheese
Bagel

Fresh Fruit

Milk

Mon., March 5

Whole Grain
French Toast
Sticks

Fresh Fruit

Milk

Tues., March 6

Oven Baked
Twin Cinnamon
Rolls

Fresh Fruit

Milk

Wed., March 7

Scrambled
Egg & Cheese
Wrap

Fresh Fruit

Milk

Thurs. March 8

Whole Grain
Fruit Filled
Muffin w/
Cheese Stick
Fresh Fruit
Milk

Fri., March 9

Ham & Cheese
Bagel

Fresh Fruit

Milk

Mon. March 12

Whole Grain
French Toast
Sticks

Fresh Fruit

Milk

Tues. March 13

Oven Baked
Twin Cinnamon
Rolls

Fresh Fruit

Milk

Wed. March 14

Scrambled
Egg & Cheese
Wrap

Fresh Fruit

Milk

Thur March 15

Healthy
Whole Grain
Breakfast
Round
Fresh Fruit
Milk

Fri., March 16

**No
School**

Mon. March 19

Whole Grain
French Toast
Sticks

Fresh Fruit

Milk

Tues. March 20

Oven Baked
Twin Cinnamon
Rolls

Fresh Fruit

Milk

Wed March 21

Scrambled
Egg & Cheese
Wrap

Fresh Fruit

Milk

Thurs March 22

Healthy
Whole Grain
Breakfast
Round
Fresh Fruit
Milk

Fri., March 23

Ham & Cheese
Bagel

Fresh Fruit

Milk

Mon. March 26

Whole Grain
French Toast
Sticks

Fresh Fruit

Milk

Tues. March 27

Oven Baked
Twin Cinnamon
Rolls

Fresh Fruit

Milk

Wed. March 28

Scrambled
Egg & Cheese
Wrap

Fresh Fruit

Milk

Thurs March 29

Healthy
Whole Grain
Breakfast
Round
Fresh Fruit
Milk

Fri., March 30

Ham & Cheese
Bagel

Fresh Fruit

Milk



**Sudbury Country School
Breakfast
March 2018**

**DAILY BREAKFAST
OPTIONS**

Cereals w/Toasted English Muffin
or Bagels w/Cream Cheese
Or Special of the Day

*Students may take two fruit servings
with each meal. They must take at
least one to qualify for the meal prices
listed.*

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

**Questions or
Comments
regarding our
School Meal
Program?**

Please contact The
Abbey Group Vice
President of
Operations
Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10
	Milk \$0.50		

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available through
Careerbuilder.

<http://www.abbeygroup.net/careers.php>

**National School Breakfast
Week
March 5-9, 2018**

