



This Institution is an equal opportunity provider
Menus are subject to change



**Sudbury Country School
Lunch
April 2018**

Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Oven Baked Chicken Nuggets w/Dipping Sauce Garden Pasta Salad Baked Beans	Taco Bar w/ Soft Shell Tortilla Rice Pilaf Steamed Corn	Cheesy Breadsticks w/ Marinara Sauce Chicken Noodle Soup Caesar Salad	Homemade Shepherd's Pie (Ground Beef, Mashed Potato & Corn) Cornbread Celery Sticks w/Dip	Hot Turkey Sandwich w/Gravy Hand Cut French Fries Steamed Carrots
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
Dress Your Own Burger w/Lettuce & Tomato Homemade Potato Salad	Taste Test Event Chicken & Cheese Quesadilla Rice Pilaf Warm Black Beans	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Fresh Carrots w/Dip	Spaghetti w/ Meat Sauce Garlic Breadstick Chopped Green Salad	BirthDay Celebration Chicken & Biscuits Garlic Butter Roasted Carrots Creamy Coleslaw
Mon. April 16	Tues. April 17	Wed. April 18	Thurs. April 19	Fri. April 20
No School	No School	No School	No School	No School
Mon. April 23	Tues. April 24	Wed. April 25	Thurs. April 26	Fri. April 27
Meatball Sub Kale Pesto Pasta Steamed Broccoli	Nachos Supreme Rice Pilaf Confetti Corn Salad	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Maple Dill Carrots	Spring Dinner Seasoned Roast Pork Mashed Potato w/Gravy Steamed Peas Dinner Roll Spring Dessert	Pancakes w/ Local Maple Syrup Sausage Links Sweet & White Home Fries Fresh Green Pepper Strips
Mon. April 30				
Chicken Patty Sandwich Lettuce & Tomato Oven Baked French Fries				

Daily Lunch Offerings:
Main Meal
Deli Sandwich
Offered with all Meals

Fresh Fruit

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event
Tuesday
April 10, 2018

Featuring Carrots

Harvest of the Month
Carrots

Prices

Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10
Milk \$.50			

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Local Products Used when available

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk





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Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Whole Grain French Toast Sticks Fresh Fruit Milk	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
Whole Grain French Toast Sticks Fresh Fruit Milk	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon. April 16	Tues. April 17	Wed. April 18	Thurs. April 19	Fri. April 20
No School	No School	No School	No School	No School
Mon. April 23	Tues. April 24	Wed. April 25	Thurs. April 26	Fri. April 27
Whole Grain French Toast Sticks Fresh Fruit Milk	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon. April 30				
Whole Grain French Toast Sticks Fresh Fruit Milk				



Sudbury Country School Breakfast April 2018

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin
or Bagels w/Cream Cheese
Or Special of the Day

*Students may take two fruit servings
with each meal. They must take at
least one to qualify for the meal prices
listed.*

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?

Please contact The
Abbey Group Vice
President of
Operations
Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10
	Milk \$0.50		

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