



This Institution is an equal opportunity provider  
Menus are subject to change



**Sudbury Country School  
Lunch  
May 2018**

|  |   |  |   |
|--|---|--|---|
| <b>Tues. May 1</b><br>Taco Bar w/<br>Soft Shell Tortilla<br>w/Toppings<br><br>Rice Pilaf<br>Steamed Corn | <b>Wed. May 2</b><br>Chef's Choice<br>Pizzas<br>Pepperoni, Cheese<br>or Veggie<br><br>Fresh Carrots<br>w/Hummus Dip | <b>Thurs. May 3</b><br>Spaghetti w/<br>Meat Sauce<br><br>Garlic<br>Breadstick<br>Spinach Salad | <b>Fri. May 4</b><br>BBQ Pork<br>Sandwich<br>Roasted Sweet<br>Potato Wedges<br>Creamy<br>Coleslaw |
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| <b>Mon. May 7</b><br>Dress Your<br>Own Hot Dog<br>Garden Pasta<br>Salad<br>Baked Beans | <b>Tues. May 8</b><br><b>Taste Test Event</b><br>Beef Nachos<br>Supreme<br>Fresh Salsa<br>Rice Pilaf<br>Steamed Corn | <b>Wed. May 9</b><br>Chef's Choice<br>Pizzas<br>Pepperoni, Cheese<br>or Veggie<br><br>Broccoli Salad<br>Carrot Sticks | <b>Thurs. May 10</b><br>Cheesy Ravioli<br>Bake<br>Garlic<br>Breadstick<br>Green Beans | <b>Fri. May 11</b><br><b>BirthDay<br/>Celebration</b><br>Sloppy Joes<br>Baked Potato<br>w/Toppings<br>Steamed Broccoli |
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| <b>Mon. May 14</b><br>Dress Your Own<br>Burger<br><br>Oven Baked<br>French Fries<br>Baked Beans | <b>Tues. May 15</b><br>Chicken &<br>Cheese Fajita<br>w/Onions,<br>Peppers & Salsa<br>Spanish Rice<br>Steamed Broccoli | <b>Wed. May 16</b><br>Chef's Choice<br>Pizzas<br>Pepperoni, Cheese<br>or Veggie<br>Caesar Salad<br>Fresh<br>Celery Sticks | <b>Thurs. May 17</b><br>Homemade<br>Macaroni &<br>Cheese<br>Cornbread<br>Caesar Salad<br>Fresh Carrot<br>Sticks | <b>Fri. May 18</b><br><b>Brunch for Lunch</b><br>Pancakes w/<br>Syrup<br>Sweet & White<br>Home Fries<br>Sausage Links<br>Green Pepper<br>Sticks |
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| <b>Mon. May 21</b><br>Meatball<br>Sub<br>Oven Baked<br>French Fries<br><b>Sautéed<br/>Radishes</b> | <b>Tues. May 22</b><br>Taco Bar w/<br>Soft Shell Tortilla<br>w/Toppings<br>Southwest Rice<br>Pilaf<br>Warm Black<br>Beans | <b>Wed. May 23</b><br>Cheesy<br>Breadsticks<br>w/ Marinara<br>Caesar Salad<br><br>Fresh<br>Celery Sticks | <b>Thurs. May 24</b><br>Homemade<br>Shepherd's Pie<br>(Ground Beef, Mashed<br>Potato & Corn)<br>Green Beans<br>Homemade<br>Dinner Roll | <b>Fri. May 25</b><br>Grilled Cheese<br>Sandwich<br>Chicken Noodle<br>Soup<br>Fresh Carrot<br>Sticks |
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| <b>Mon. May 28</b><br><br><b>No<br/>School</b> | <b>Tues. May 29</b><br>Chicken Patty<br>Sandwich<br>Garden Pasta<br>Salad<br>Baked Beans | <b>Wed. May 30</b><br>Chef's Choice<br>Pizzas<br>Pepperoni, Cheese<br>or Veggie<br>Caesar Salad<br>Fresh<br>Celery Sticks | <b>Thurs. May 31</b><br>Chicken &<br>Cheese<br>Quesadilla<br>Fresh Salsa<br>Rice Pilaf<br><b>Summer Radish<br/>Salad</b> |
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**Daily Lunch Offerings:**  
Main Meal  
Deli Sandwich  
**Offered with all Meals**

Fresh Fruit  
**Hood Milk: Skim, 1%  
white or  
Fat-Free Chocolate**

**Taste Test Event**  
Tuesday  
May 8, 2018  
  
Featuring  
Radishes

**Harvest of  
the Month  
Radish**

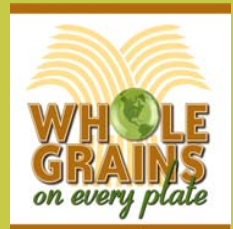
**Prices**

|                    |        |                |        |
|--------------------|--------|----------------|--------|
| Breakfast          | \$1.75 | Lunch          | \$2.40 |
| Adult<br>Breakfast | \$2.75 | Adult<br>Lunch | \$4.10 |

Milk \$.50  
**Pay for meals on-line  
For free on-line service go to  
<http://www.abbeygroup.net>  
Search for Your School and Click the  
K12 Payment Center link**

Local Products Used  
when available

**We Support Local New England  
Companies**  
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup- VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand- Local Produce  
Green Mtn. Farms- Cream Cheese  
Hood-Milk





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**Tues. May 1**

Oven Baked  
Twin Cinnamon  
Rolls  
  
Fresh Fruit  
  
Milk

**Wed. May 2**

Scrambled  
Egg & Cheese  
Wrap  
  
Fresh Fruit  
  
Milk

**Thurs. May 3**

Whole Grain  
Fruit Filled  
Muffin w/  
Cheese Stick  
Fresh Fruit  
  
Milk

**Fri. May 4**

Ham & Cheese  
Bagel  
  
Fresh Fruit  
  
Milk

**Mon. May 7**

Whole Grain  
French Toast  
Sticks  
  
Fresh Fruit  
  
Milk

**Tues. May 8**

Oven Baked  
Twin Cinnamon  
Rolls  
  
Fresh Fruit  
  
Milk

**Wed. May 9**

Scrambled  
Egg & Cheese  
Wrap  
  
Fresh Fruit  
  
Milk

**Thurs. May 10**

Whole Grain  
Fruit Filled  
Muffin w/  
Cheese Stick  
Fresh Fruit  
  
Milk

**Fri. May 11**

Ham & Cheese  
Bagel  
  
Fresh Fruit  
  
Milk

**Mon. May 14**

Whole Grain  
French Toast  
Sticks  
  
Fresh Fruit  
  
Milk

**Tues. May 15**

Oven Baked  
Twin Cinnamon  
Rolls  
  
Fresh Fruit  
  
Milk

**Wed. May 16**

Scrambled  
Egg & Cheese  
Wrap  
  
Fresh Fruit  
  
Milk

**Thurs. May 17**

Whole Grain  
Fruit Filled  
Muffin w/  
Cheese Stick  
Fresh Fruit  
  
Milk

**Fri. May 18**

Ham & Cheese  
Bagel  
  
Fresh Fruit  
  
Milk

**Mon. May 21**

Whole Grain  
French Toast  
Sticks  
  
Fresh Fruit  
  
Milk

**Tues. May 22**

Oven Baked  
Twin Cinnamon  
Rolls  
  
Fresh Fruit  
  
Milk

**Wed. May 23**

Scrambled  
Egg & Cheese  
Wrap  
  
Fresh Fruit  
  
Milk

**Thurs. May 24**

Healthy  
Whole Grain  
Breakfast  
Round  
Fresh Fruit  
  
Milk

**Fri. May 25**

Ham & Cheese  
Bagel  
  
Fresh Fruit  
  
Milk

**Mon. May 28**

**No  
School**

**Tues. May 29**

Oven Baked  
Twin Cinnamon  
Rolls  
  
Fresh Fruit  
  
Milk

**Wed. May 30**

Scrambled  
Egg & Cheese  
Wrap  
  
Fresh Fruit  
  
Milk

**Thurs. May 31**

Healthy  
Whole Grain  
Breakfast  
Round  
Fresh Fruit  
  
Milk



## Sudbury Country School Breakfast May 2018

### DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin  
or Bagels w/Cream Cheese  
Or Special of the Day

*Students may take two fruit servings  
with each meal. They must take at  
least one to qualify for the meal prices  
listed.*

**Hood Milk: Skim,  
1% white or  
Fat-Free Chocolate**

#### Questions or Comments regarding your School Meal Program?

Please contact The  
Abbey Group Vice  
President of  
Operations  
Scott Choiniere  
scott@abbeygroup.net



### Prices

|                    |        |                |        |
|--------------------|--------|----------------|--------|
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| Adult<br>Breakfast | \$2.75 | Adult<br>Lunch | \$4.10 |

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careers.php](http://www.abbeygroup.net/careers.php)

