



Fri. June 1

Homemade
Macaroni &
Cheese
Cornbread
Steamed Carrots
Caesar Salad

Mon. June 4

Dress Your
Own Burger
Sweet Potato
Wedges
Baked Beans

Tues. June 5

Taste Test Event
Taco Bar w/
Soft Shell Tortilla
w/Toppings
Fresh Salsa
Creamy Coleslaw
Rice Pilaf

Wed. June 6

Cheesy
Breadsticks
w/ Marinara
Caesar Salad
Fresh Carrot
Sticks

Thurs. June 7

Oven Baked
BBQ Chicken
Garden Salad
Steamed
Carrots
Dinner Roll

Fri. June 8

Birthday Celebration
Oven Baked
Corn Dog
French Fries
**Spinach
Salad**

Mon. June 11

Oven Baked
Chicken
Nuggets
w/Dipping Sauce
Mashed Potato
Steamed Corn
Dinner Roll

Tues. June 12

Chicken &
Cheese Fajita
w/Onions,
Peppers & Salsa
Spanish Rice
Warm Black Beans
Steamed Corn

Wed. June 13

Chef's Choice
Pizzas
Pepperoni, Cheese
or Veggie
Broccoli Salad
Fresh Carrot
Sticks

Thurs. June 14

Spaghetti w/
Meat Sauce
Garlic
Breadstick
**Strawberry
Spinach Salad**

Fri. June 15

End of Year BBQ
Hamburger & Hot
Dogs w/all the
Fixings
Garden Pasta Salad
Baked Beans
Chilled Watermelon
Summertime Dessert

Mon. June 18

Oven Baked
Teriyaki Chicken
3 Herb Potato
Salad
Dinner Roll
Butternut Squash

Tues. June 19

Beef Nachos
Supreme
Fresh Salsa
Rice Pilaf
Steamed Corn
Creamy Coleslaw

Wed. June 20

Egg, Ham &
Cheese Bagel
Sweet & White
Home Fries
Green Pepper
Strips

Thurs. June 21

Chicken
Caesar Wrap
Sun Chips
Fresh Carrot
Sticks

Fri. June 22

**Last Day,
1/2 Day**
Deli Day
Turkey, Ham or
Veggie Sandwich
Veggie Sticks
Sun Chips
Fruit & Milk

Mon. June 25



Pownal Elementary School
Lunch
June 2018

Daily Lunch Offerings:

Main Meal or
Yogurt Meal or
Deli Sandwich or
Salad Bar

Offered with all Meals

Fresh Fruit
Hood Milk: Skim,
1% white or
Fat-Free Chocolate

Taste Test Event
Tuesday
June 5, 2018

Featuring
Spinach

**Harvest of
the Month**
Spinach



Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included

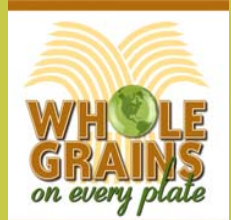
Adult	Adult
Breakfast \$2.50	Lunch \$3.75
	Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

Local Products Used
when available

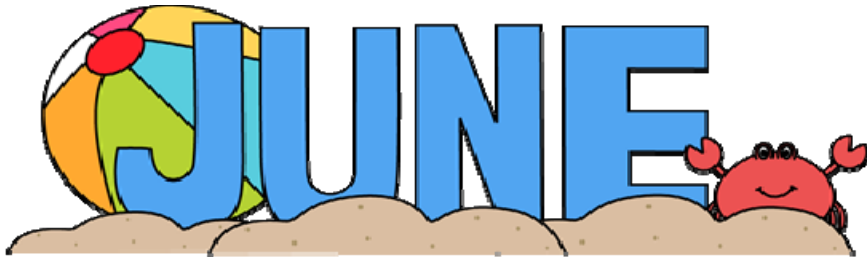
We Support Local New England Companies

Clearbrook Farm	Moses Farm
Maplebrook Farm	Southern VT. Orchards
Youth Horticultural Group	
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls	
Cabot Cooperative- Yogurt, Sour Cream	
King Arthur Flour- Dinner Rolls, Pizza Dough	
Chappelle's Potatoes	
Georgia Mtn. Maples Syrup- VT. Maple Syrup	
Sunrise Orchards-Apples	
Mazza Farm Stand- Local Produce	
Green Mtn. Farms- Cream Cheese	
Hood-Milk	





Breakfast in the Classroom



Fri. June 1

WG Breakfast Sliders
Fresh Fruit
Milk

Mon. June 4

Asst. Cereal
Animal Crackers
Fresh Fruit
Milk

Tues. June 5

WG Cinnamon Bagel
Fresh Fruit
Milk

Wed. June 6

Breakfast Stick
Fresh Fruit
Milk

Thurs. June 7

Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri. June 8

Sausage Wrapped in Pancake
Fresh Fruit
Milk

Mon. June 11

Asst. Cereal
Animal Crackers
Fresh Fruit
Milk

Tues. June 12

Bagel w/ Cream Cheese
Fresh Fruit
Milk

Wed. June 13

WG Breakfast Bun
Fresh Fruit
Milk

Thurs. June 14

Whole Grain Banana Bread
Fresh Fruit
Milk

Fri. June 15

WG Breakfast Sliders
Fresh Fruit
Milk

Mon. June 18

Asst. Cereal
Animal Crackers
Fresh Fruit
Milk

Tues. June 19

WG Cinnamon Bagel
Fresh Fruit
Milk

Wed. June 20

Blueberry Muffin & Animal Cracker
Fresh Fruit
Milk

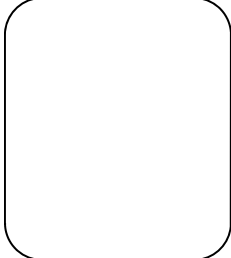
Thurs. June 21

Whole Grain Breakfast Round
Fresh Fruit
Milk

Fri. June 22

Last Day, 1/2 Day
Sausage Wrapped in Pancake
Fresh Fruit
Milk

Mon. June 25



Pownal Elementary School
Breakfast
June 2018

DAILY BREAKFAST OPTIONS

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$2.50	Adult Lunch \$3.75
Milk \$0.50	

Pay for meals on-line
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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

This Institution is an equal opportunity provider
Menus are subject to change

