



This Institution is an equal opportunity provider  
Menus are subject to change



**Otter Valley High School  
Lunch  
January 2018**

Mon., Jan. 1	Tues., Jan. 2	Wed., Jan. 3	Thurs., Jan. 4	Fri., Jan. 5
<b>No School</b>	BBQ Chicken Sandwich w/Lettuce & Tomato Seasoned Potato Wedges Fresh Fruit & Veggie Bar	Open Face Buffalo Chicken Calzone Caesar Salad Fresh Fruit & Veggie Bar	Spaghetti w/ Meat Sauce Garlic Breadstick Fresh Fruit & Veggie Bar	Pancakes w/ Local Maple Syrup Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar
Mon., Jan. 8	Tues., Jan. 9	Wed., Jan. 10	Thurs., Jan. 11	Fri., Jan. 12
Chicken & Biscuits Steamed Peas & Carrots Fresh Fruit & Veggie Bar	Chicken Fajitas w/Onions & Peppers Rice Pilaf Fresh Fruit & Veggie Bar	Chipotle Chicken & Cheese Flatbread Melt Roasted Broccoli Fresh Fruit & Veggie Bar	Oven Baked Goulash Garlic Breadstick Fresh Fruit & Veggie Bar	BBQ Pork Sandwich Creamy Coleslaw Fresh Fruit & Veggie Bar
Mon., Jan. 15	Tues., Jan. 16	Wed., Jan. 17	Thurs., Jan. 18	Fri., Jan. 19
<b>No School</b>	Taste Test Event Nachos Supreme Rice Pilaf Fresh Fruit & Veggie Bar	Cheesy Breadsticks w/ Marinara Sauce Minestrone Soup Fresh Fruit & Veggie Bar	Macaroni & Cheese Cornbread Chopped Green Salad w/Buttermilk Ranch Dressing Fresh Fruit & Veggie Bar	Oven Baked BBQ Chicken Roasted Sweet Potato Wedges Dinner Roll Fresh Fruit & Veggie Bar
Mon., Jan. 22	Tues., Jan. 23	Wed., Jan. 24	Thurs., Jan. 25	Fri., Jan. 26
Oven Baked Chicken Tenders w/Dipping Sauce Garden Pasta Salad Fresh Fruit & Veggie Bar	BirthDay Celebration Taco Bar w/WG Soft Shell Tortilla Rice Pilaf Fresh Fruit & Veggie Bar	WG Steak & Cheese Flatbread Chopped Green Salad w/Buttermilk Ranch Dressing Fresh Fruit & Veggie Bar	Hot Turkey Sandwich w/ Gravy Mashed Potato Fresh Fruit & Veggie Bar	Grilled Ham & Cheese Sandwich Chicken Noodle Soup Fresh Fruit & Veggie Bar
Mon., Jan. 29	Tues., Jan. 30	Wed., Jan. 31		
Winter Beach Party Burgers & Hot Dogs w/Fixings Garden Pasta Salad Chilled Watermelon Frozen Sidekick Fresh Fruit & Veggie Bar	Chicken & Cheese Quesadilla Rice Pilaf Fresh Fruit & Veggie Bar	Ham & Cheese Calzone w/Marinara Dipping Sauce Caesar Salad Fresh Fruit & Veggie Bar		

**Daily Lunch Offerings:**  
Main Meal or Cabot Yogurt Parfait or Deli Sandwich or Pizza Or Express  
**Offered with all Meals**  
Fresh Fruit & Veggie Bar & Vegetable Soup  
Fresh Fruit (Full cup offered daily)  
Hood Milk: Skim, 1% white or Fat-Free Chocolate

**Taste Test Event**  
Tuesday  
January 16, 2018  
Featuring Buttermilk

**Harvest of the Month**  
January  
Buttermilk Ranch Dressing

**Prices**

Breakfast	\$2.25	Lunch	\$2.75
Adult Breakfast	\$2.75	Adult Lunch	\$4.10
Milk \$.50			

**Pay for meals on-line**  
**For free on-line service go to**  
<http://www.abbeygroup.net>  
**Search for Your School and Click the K12 Payment Center link**

Local Products Used when available

**We Support Local New England Companies**  
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup- VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand- Local Produce  
Green Mtn. Farms- Cream Cheese  
Hood-Milk





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**Otter Valley High School  
Breakfast  
January 2018**

Mon., Jan. 1	Tues., Jan. 2	Wed., Jan. 3	Thurs., Jan. 4	Fri., Jan. 5
<b>No School</b>	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., Jan. 8	Tues., Jan. 9	Wed., Jan. 10	Thurs., Jan. 11	Fri., Jan. 12
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., Jan. 15	Tues., Jan. 16	Wed., Jan. 17	Thurs., Jan. 18	Fri., Jan. 19
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Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk		

**DAILY BREAKFAST  
OPTIONS**

**Bagel w/Cream Cheese**

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Questions or Comments regarding your School Meal Program?**

Please contact The Abbey Group Vice President of Operations Scott Choiniere  
scott@abbeygroup.net



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Adult Breakfast	\$2.75	Adult Lunch	\$4.10

Milk \$.50

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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

