



This Institution is an equal opportunity provider
Menus are subject to change



**Neshobe Elementary School
Lunch**
August/September 2018



Mon., Sept. 3

**No
School
Labor
Day**

Tues., Sept. 4

Chef's Choice
Pizzas
Pepperoni, Cheese
or Veggie
Zucchini Parmesan
Fresh Fruit &
Veggie Bar

Wed., Sept. 5

Cape Cod
Crusted Fish &
Chips
(French Fries)
Rice Pilaf
Fresh Fruit &
Veggie Bar

Thurs., Sept. 6

Cheesy Ravioli
Bake
Baker's Pride
Garlic
Breadstick
Fresh Fruit &
Veggie Bar

Fri., Sept. 7

**BirthDay
Celebration**
Slow Roasted
BBQ Pork
Sandwich
Creamy Coleslaw
Fresh Fruit &
Veggie Bar

Mon., Sept. 10

Oven Baked
BBQ Chicken
Hand Cut
French Fries
Corn on the Cob
Dinner Roll
Fresh Fruit &
Veggie Bar

Tues., Sept. 11

Cheesy
Breadsticks
w/Marinara
Chicken Noodle
Soup
Fresh Fruit &
Veggie Bar

Wed., Sept. 12

Taste Test Event
Nachos w/
The Works
(Ground Beef, Tortilla
Chips, Homemade Cheese
Sauce & Salsa)
Rice Pilaf
Fresh Fruit &
Veggie Bar

Thurs, Sept. 13

Creamy
Macaroni &
Cheese
Homemade
Cornbread
Fresh Fruit &
Veggie Bar

Fri., Sept. 14

**Maple Apple French
Toast Bake**
Local Maple Syrup
Fresh Cut Sweet &
White Home Fries
Twin Sausage Links
Fresh Fruit &
Veggie Bar

Mon., Sept. 17

Oven Baked
Chicken Nuggets
w/Dipping Sauce
Roasted Sweet
Potato Wedges
Fresh Fruit &
Veggie Bar

Tues., Sept. 18

Chef's Choice
Pizzas
Pepperoni, Cheese
or Veggie
Caesar Salad
Fresh Fruit &
Veggie Bar

Wed., Sept. 19

Taco Bar w/
Soft Shell
**Homemade Salsa
w/Fresh Tomatoes**
Rice Pilaf
Fresh Fruit &
Veggie Bar

Thurs, Sept. 20

Shepherd's Pie
(Hamburger, Corn
& Mashed Potato)
Dinner Roll
Fresh Fruit &
Veggie Bar

Fri., Sept. 21

Grilled Cheese
Sandwich
From Scratch
Creamy Tomato
Soup
Fresh Fruit &
Veggie Bar

Mon., Sept. 24

Dress Your
Own Burger
Hand Cut
French Fries
Fresh Fruit &
Veggie Bar

Tues., Sept. 25

Chef's Choice
Pizzas
Pepperoni, Cheese
or Veggie
Broccoli Salad
Fresh Fruit &
Veggie Bar

Wed., Sept. 26

Chicken &
Cheese
Quesadilla
w/Salsa
Rice Pilaf
Fresh Fruit &
Veggie Bar

Thurs, Sept. 27

Spaghetti w/
Homemade
Meat Sauce
Baker's Pride
Garlic Breadstick
Fresh Fruit &
Veggie Bar

Fri., Sept. 28

Hearty Chicken
& Biscuits
Steamed Peas
Fresh Fruit &
Veggie Bar

Wed., Aug. 29
Chicken Patty
Sandwich
w/Lettuce & Tomato
Oven Baked
French Fries
Fresh Fruit &
Veggie Bar

Thurs., Aug. 30
Spaghetti w/
Homemade Meat
Sauce
Baker's Pride
Garlic Breadstick
Fresh Fruit &
Veggie Bar

Fri., Aug. 31
Pancakes w/
Local Maple Syrup
Fresh Cut Sweet &
White Home Fries
Sausage Links
Fresh Fruit &
Veggie Bar

Daily Lunch Offerings:
Main Meal or
**Cabot Yogurt Parfait or
Deli Sandwich**

Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup

**Hood Milk: 1% white or
Fat-Free Chocolate**

Taste Test Event
Thursday
September 11, 2018

Featuring
Tomatoes

**Harvest of the
Month**



August
Tomatoes

September
Summer Squash



Prices

Breakfast	\$1.85	Lunch	\$2.50
Adult Breakfast	\$2.85	Adult Lunch	\$4.20
	Milk \$.50		

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
**Search for Your School and Click the
K12 Payment Center link**

NORTH COAST SEAFOODS



Chef's Catch



New Local Product: North Coast Seafood

The Abbey Group is proud to announce our Sea to School program. We have contracted with North Coast Seafood in Boston MA. A great third generation family run business. The fishermen are catching GMRI Certified Sustainable Wild Acadian Redfish, locally in the Gulf of Maine. Each fish is caught individually with line and hook. North Coast Seafood fillets the fish, debones the fish, and then breads the fish with low fat Cape Cod breading. This is a whole muscle kid friendly healthy product. We are excited to menu this restaurant quality product and support local business in New England.



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**Neshobe Elementary School
Breakfast**
August/September 2018



Mon., Sept 3	Tues., Sept 4	Wed., Sept 5	Thurs., Sept 6	Fri., Sept 7
No School Labor Day	Hot Oatmeal Bar w/Assorted Toppings 1/2 English Muffin Fresh Fruit Milk	Ham & Cheese On English Muffing Fresh Fruit Milk	Ultimate Breakfast Round Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Sept 10	Tues., Sept 11	Wed., Sept 12	Thurs., Sept 13	Fri., Sept 14
French Toast Sticks w/ Syrup Fresh Fruit Milk	Hot Oatmeal Bar w/Assorted Toppings 1/2 English Muffin Fresh Fruit Milk	Ham & Cheese On English Muffing Fresh Fruit Milk	Ultimate Breakfast Round Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Sept 17	Tues., Sept 18	Wed., Sept 19	Thurs., Sept 20	Fri., Sept 21
French Toast Sticks w/ Syrup Fresh Fruit Milk	Hot Oatmeal Bar w/Assorted Toppings 1/2 English Muffin Fresh Fruit Milk	Ham & Cheese On English Muffing Fresh Fruit Milk	Ultimate Breakfast Round Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Sept 24	Tues., Sept 25	Wed., Sept 26	Thurs., Sept 27	Fri., Sept 28
French Toast Sticks w/ Syrup Fresh Fruit Milk	Hot Oatmeal Bar w/Assorted Toppings 1/2 English Muffin Fresh Fruit Milk	Ham & Cheese On English Muffing Fresh Fruit Milk	Ultimate Breakfast Round Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk

**DAILY BREAKFAST
OPTIONS**

Cereals w/Graham Crackers or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk:
1% white or
Fat-Free Chocolate**

**Questions or
Comments
regarding your
School Meal
Program?**

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

	Prices		
Breakfast	\$1.85	Lunch	\$2.50
Adult Breakfast	\$2.85	Adult Lunch	\$4.20

Milk \$.50

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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

