



Fri. June 1

Homemade  
Macaroni &  
Cheese  
Cornbread  
Steamed Carrots  
Caesar Salad

Mon. June 4

Oven Baked  
Chicken  
Nuggets  
w/Dipping Sauce  
Mashed Potato  
Baked Beans  
Dinner Roll

Tues. June 5

**Taste Test Event**  
Taco Bar w/  
Soft Shell Tortilla  
w/Toppings  
Fresh Salsa  
Creamy Coleslaw  
Rice Pilaf

Wed. June 6

Buffalo Chicken  
Flatbread  
Caesar Salad  
Fresh Celery  
Sticks

Thurs. June 7

Oven Baked  
BBQ Chicken  
Garden Salad  
Steamed Peas  
Dinner Roll

Fri. June 8

**BirthDay Celebration**  
Ham & Cheese  
Calzone  
w/Dipping Sauce  
Broccoli Salad  
Carrot Sticks

Mon. June 11

Spaghetti w/  
Meat Sauce  
Garlic  
Breadstick  
**Strawberry  
Spinach Salad**

Tues. June 12

Chicken &  
Cheese Fajita  
w/Onions,  
Peppers & Salsa  
Spanish Rice  
Warm Black Beans  
Steamed Corn

Wed. June 13

Dress Your  
Own Burger  
Garden Pasta  
Salad  
Baked Beans

Thurs. June 14

Chicken  
Caesar Wrap  
Sun Chips  
Fresh Carrot  
Sticks

Fri. June 15

Oven Baked  
Corn Dog  
French Fries  
Steamed  
Peas & Carrots

Mon. June 18

Oven Baked  
Teriyaki Chicken  
3 Herb Potato  
Salad  
Dinner Roll  
Butternut Squash

Tues. June 19

Beef Nachos  
Supreme  
Fresh Salsa  
Rice Pilaf  
Steamed Corn  
Creamy Coleslaw

Wed. June 20

Egg, Ham &  
Cheese Bagel  
Sweet & White  
Home Fries  
Green Pepper  
Strips

Thurs. June 21

1/2 Day  
Chicken Patty  
Sandwich  
Caesar Salad  
Veggie Sticks

Fri. June 22

**Last Day,**  
1/2 Day  
Deli Day  
Turkey, Ham or  
Veggie Sandwich  
Veggie Sticks  
Sun Chips  
Fruit & Milk

Mon. June 25



Mount Anthony Union Middle School  
Lunch  
June 2018

### Daily Lunch Offerings:

Main Meal or  
Cabot Yogurt Parfait or  
Deli Sandwich or  
Pizza Or Express

### Offered with all Meals

**Fresh Fruit & Veggie Bar**

Fresh Fruit (Full cup offered daily)  
**Hood Milk: Skim,  
1% white or  
Fat-Free Chocolate**

**Taste Test Event**  
Tuesday  
June 5, 2018

Featuring  
Spinach

**Harvest of  
the Month  
Spinach**



### Prices

**Community Eligibility Provision**

Meals to all Students are Free

*Snacks & Snack Milk not included*

Adult	Adult
Breakfast \$2.50	Lunch \$3.75

Milk \$.50

**Pay for meals on-line**

**For free on-line service go to**

<http://www.abbeygroup.net>

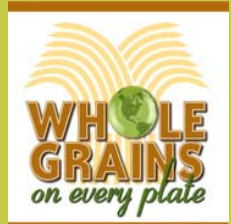
**Search for Your School and Click the**

**K12 Payment Center link**

Local Products Used  
when available

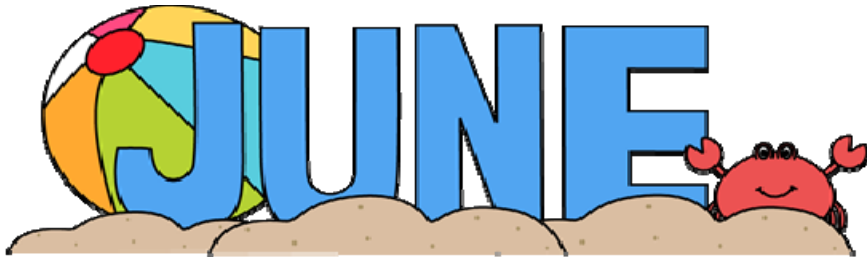


We Support Local New England Companies  
Clearbrook Farm  
Maplebrook Farm  
Youth Horticultural Group  
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup- VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand- Local Produce  
Green Mtn. Farms- Cream Cheese  
Hood-Milk  
Moses Farm  
Southern VT. Orchards





This Institution is an equal opportunity provider  
Menus are subject to change



Fri. June 1

Whole Grain  
Pancakes  
w/Syrup  
  
Fresh Fruit  
  
Milk

Mon. June 4

Whole Grain  
French Toast  
Sticks  
  
Fresh Fruit  
  
Milk

Tues. June 5

Whole Grain  
Cinnamon Roll  
  
Fresh Fruit  
  
Milk

Wed. June 6

Scrambled  
Egg & Cheese  
Wrap  
  
Fresh Fruit  
  
Milk

Thurs. June 7

Healthy  
Whole Grain  
Breakfast  
Round  
Fresh Fruit  
  
Milk

Fri. June 8

Whole Grain  
Pancakes  
w/Syrup  
  
Fresh Fruit  
  
Milk

Mon. June 11

Whole Grain  
French Toast  
Sticks  
  
Fresh Fruit  
  
Milk

Tues. June 12

Whole Grain  
Cinnamon Roll  
  
Fresh Fruit  
  
Milk

Wed. June 13

Scrambled  
Egg & Cheese  
Wrap  
  
Fresh Fruit  
  
Milk

Thurs. June 14

Healthy  
Whole Grain  
Breakfast  
Round  
Fresh Fruit  
  
Milk

Fri. June 15

Whole Grain  
Pancakes  
w/Syrup  
  
Fresh Fruit  
  
Milk

Mon. June 18

Whole Grain  
French Toast  
Sticks  
  
Fresh Fruit  
  
Milk

Tues. June 19

Whole Grain  
Cinnamon Roll  
  
Fresh Fruit  
  
Milk

Wed. June 20

Scrambled  
Egg & Cheese  
Wrap  
  
Fresh Fruit  
  
Milk

Thurs. June 21

1/2 Day  
Healthy  
Whole Grain  
Breakfast Round  
Fresh Fruit  
  
Milk

Fri. June 22

Last Day  
Whole Grain  
Pancakes  
w/Syrup  
Fresh Fruit  
  
Milk

Mon. June 25



Mount Anthony Union Middle School  
Breakfast  
June 2018

## DAILY BREAKFAST OPTIONS

Sausage & Cheese English Muffin  
Cereals w/Toasted English Muffin  
or Bagels w/Cream Cheese  
Or Special of the Day

*Students may take two fruit servings with  
each meal. They must take at least one to  
qualify for the meal prices listed.*

**Hood Milk: Skim,  
1% white or  
Fat-Free Chocolate**

Questions or  
Comments  
regarding your  
School Meal  
Program?

Please contact The  
Abbey Group Vice  
President of  
Operations  
Scott Choiniere

scott@abbeygroup.net



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