



This Institution is an equal opportunity provider  
Menus are subject to change



Mount Anthony Union Middle School  
Lunch  
April 2018

Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Hot Hamburg Sandwich w/ Gravy Oven Baked French Fries Baked Beans	Taco Bar w/ Soft Shell Tortilla Rice Pilaf Steamed Corn	Cheesy Breadsticks w/ Marinara Sauce Chicken Noodle Soup Caesar Salad	Homemade Shepherd's Pie (Ground Beef, Mashed Potato & Corn) Cornbread Celery Sticks w/Dip	Oven Baked BBQ Chicken Sweet Potato Fries Dinner Roll <b>Steamed Carrots</b>
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
Philly Steak & Cheese Homemade Potato Salad Steamed Green Beans	<b>Taste Test Event</b> Chicken & Cheese Quesadilla Rice Pilaf Warm Black Beans Homemade Salsa	Buffalo Dip w/Tortilla Chips Caesar Salad <b>Garlic Butter Roasted Carrots</b>	Spaghetti w/ Meat Sauce Garlic Breadstick Chopped Green Salad	<b>Birthday Celebration</b> Egg, Ham & Cheese Breakfast Sandwich Sweet & White Home Fries Carrot Sticks
Mon. April 16	Tues. April 17	Wed. April 18	Thurs. April 19	Fri. April 20
<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
Mon. April 23	Tues. April 24	Wed. April 25	Thurs. April 26	Fri. April 27
Oven Baked Chicken Tenders w/Dipping Sauce Garden Pasta Salad Baked Beans	Nachos Supreme Rice Pilaf Confetti Corn Salad Homemade Salsa	Pancakes w/ Local Maple Syrup Sausage Links Sweet & White Home Fries Fresh Green Pepper Strips	<b>Spring Dinner</b> Seasoned Roast Pork Mashed Potato w/Gravy Steamed Peas Dinner Roll Spring Dessert	Chili Cheese Dog <b>Maple Dill Carrots</b> Caesar Salad
Mon. April 30				
Meatball Sub Kale Pesto Pasta Steamed Broccoli				

**April**



### Daily Lunch Offerings:

Main Meal or  
Cabot Yogurt Parfait or  
Deli Sandwich or  
Pizza Or Express

### Offered with all Meals

Fresh Fruit & Veggie Bar

Fresh Fruit (Full cup offered daily)  
**Hood Milk: Skim,  
1% white or  
Fat-Free Chocolate**

**Taste Test Event**  
Tuesday  
April 10, 2018

Featuring  
Carrots

**Harvest of  
the Month  
Carrots**



### Prices

Community Eligibility Provision

Meals to all Students are Free

*Snacks & Snack Milk not included*

Adult	Adult
Breakfast \$2.50	Lunch \$3.75

Milk \$.50

**Pay for meals on-line**

**For free on-line service go to**

<http://www.abbeygroup.net>

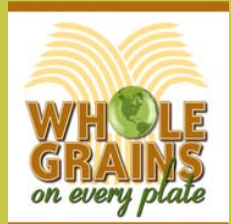
**Search for Your School and Click the  
K12 Payment Center link**

Local Products Used  
when available



We Support Local New England Companies

Clearbrook Farm	Moses Farm
Maplebrook Farm	Southern VT. Orchards
Youth Horticultural Group	
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls	
Cabot Cooperative- Yogurt, Sour Cream	
King Arthur Flour- Dinner Rolls, Pizza Dough	
Chappelle's Potatoes	
Georgia Mtn. Maples Syrup- VT. Maple Syrup	
Sunrise Orchards-Apples	
Mazza Farm Stand- Local Produce	
Green Mtn. Farms- Cream Cheese	
Hood-Milk	





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Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Healthy Whole Grain Breakfast Round Fresh Fruit Milk	Whole Grain Pancakes w/Syrup Fresh Fruit Milk
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
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Mon. April 30				
Whole Grain French Toast Sticks Fresh Fruit Milk				



Mount Anthony Union Middle School  
Breakfast  
April 2018

## DAILY BREAKFAST OPTIONS

Sausage & Cheese English Muffin  
Cereals w/Toasted English Muffin  
or Bagels w/Cream Cheese  
Or Special of the Day

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim,  
1% white or  
Fat-Free Chocolate**

### Questions or Comments regarding our School Meal Program?

Please contact The Abbey Group Vice President of Operations  
Scott Choiniere

scott@abbeygroup.net



## Prices

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*Snacks & Snack Milk not included*

Adult Breakfast \$2.50	Adult Lunch \$3.75
	Milk \$.50

**Pay for meals on-line**  
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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!  
Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

