



This Institution is an equal opportunity provider
Menus are subject to change



Sunday, February 4 -Super Bowl

Wednesday, February 14– 

Valentines Day



Monday February 19 – President's Day

Lent Begins Wednesday February 14
Vegetarian options will be available

Mon., Feb. 5

Chicken & Biscuits
Steamed Peas & Carrots
Fresh Fruit & Veggie Bar

Tues., Feb. 6

Taste Test Event
Taco Bar w/ Soft Shell
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Feb. 7

Cheesy Breadsticks w/ Marinara Sauce
Minestrone Soup
Fresh Fruit & Veggie Bar

Thurs., Feb. 8

Macaroni & Cheese
Cornbread
Sautéed Cabbage
Fresh Fruit & Veggie Bar

Fri., Feb. 9

Oven Baked BBQ Chicken
Roasted Sweet Potato Wedges
Dinner Roll
Fresh Fruit & Veggie Bar

Mon., Feb. 12

Buffalo Chicken Dip w/Tortilla Chips
Broccoli Salad
Fresh Fruit & Veggie Bar

Tues., Feb. 13

Nachos Supreme
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Feb. 14

Valentines Day
Chicken Patty Sandwich
Lettuce & Tomato
Oven Baked French Fries
Valentines Dessert
Fresh Fruit & Veggie Bar

Thurs, Feb. 15

Spaghetti w/ Meat Sauce
Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Feb. 16

BBQ Pork Sandwich
Creamy Coleslaw
Fresh Fruit & Veggie Bar

Mon., Feb. 19

No School

Tues., Feb. 20

No School

Wed., Feb. 21

No School

Thurs, Feb. 22

No School

Fri., Feb. 23

No School

Mon., Feb. 26

General Tso's Chicken served Over Rice
Asian Cabbage Salad
Fresh Fruit & Veggie Bar

Tues., Feb. 27

Pancakes w/ Warm Syrup
Scrambled Eggs
Sweet & White Home Fries
Fresh Fruit & Veggie Bar

Wed., Feb. 28

Birthday Celebration
Dress Your Own Burger
Garden Pasta Salad
Fresh Fruit & Veggie Bar



Thurs., Feb. 1
Cheesy Ravioli Bake
Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Feb. 2
Super Bowl Party
Chili Dogs
Roasted Sweet Potato Wedges
Fresh Fruit & Veggie Bar
Super Bowl Dessert



Fair Haven Grade School Lunch
February 2018

Daily Lunch Offerings:

Main Meal or

Cabot Yogurt Parfait or
Deli Sandwich or Express or
Pizza or Salad Bar

Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Express Menu

Monday: Chicken Patty Sandwich
Tuesday: Hamburger Deluxe
Wednesday: Chicken Nuggets
Thursday: Meatball Sub
Friday: Hot Dogs

Taste Test Event
Tuesday
February 6, 2018

Featuring
Cabbage

Harvest of the Month
February
Cabbage



Local Products Used
when available

Prices

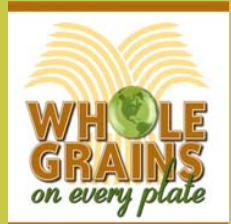
Breakfast	\$1.50	Lunch	\$2.70
Adult Breakfast	\$2.50	Adult Lunch	\$3.75

Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

We Support Local New England Companies


Koffee Kup Bakery/VT Bread Co.– Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk





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February

Thurs., Feb. 1 Cereal w/ 1/2 English Muffin Fresh Fruit Milk	Fri., Feb. 2 Whole Grain French Toast Sticks Fresh Fruit Milk			
Mon., Feb. 5 Whole Grain Pancakes w/ Syrup Fresh Fruit Milk	Tues., Feb. 6 Sausage & Cheese English Muffin Fresh Fruit Milk	Wed., Feb. 7 Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Thurs., Feb. 8 Cereal w/ 1/2 English Muffin Fresh Fruit Milk	Fri., Feb. 9 Whole Grain French Toast Sticks Fresh Fruit Milk
Mon., Feb. 12 Whole Grain Pancakes w/ Syrup Fresh Fruit Milk	Tues., Feb. 13 Sausage & Cheese English Muffin Fresh Fruit Milk	Wed., Feb. 14 Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Thurs., Feb. 15 Cereal w/ 1/2 English Muffin Fresh Fruit Milk	Fri., Feb. 16 Whole Grain French Toast Sticks Fresh Fruit Milk
Mon., Feb. 19 No School	Tues., Feb. 20 No School	Wed., Feb. 21 No School	Thurs., Feb. 22 No School	Fri., Feb. 23 No School
Mon., Feb. 26 Whole Grain Pancakes w/ Syrup Fresh Fruit Milk	Tues., Feb. 27 Sausage & Cheese English Muffin Fresh Fruit Milk	Wed., Feb. 28 Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk		



Fair Haven Grade School Breakfast February 2018

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin
or Bagels w/Cream Cheese or
Special of the Day

*Students may take two fruit servings
with each meal. They must take at
least one to qualify for the meal prices
listed.*

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

**Questions or
Comments
regarding our
School Meal
Program?**
Please contact The
Abbey Group Vice
President of
Operations
Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$1.50	Lunch	\$2.70
Adult Breakfast	\$2.50	Adult Lunch	\$3.75

Milk \$.50

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