



This Institution is an equal opportunity provider
Menus are subject to change



Fri., Dec. 1

Grilled Cheese Sandwich
Chicken Noodle Soup
Fresh Fruit & Veggie Bar

Mon., Dec. 4

Spaghetti w/ Meat Sauce
Garlic Breadstick
Fresh Fruit & Veggie Bar

Tues., Dec. 5

Taste Test Event
Taco Bar w/WG Soft Shell Tortilla
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Dec. 6

Oven Roasted Hot Turkey Sandwich
Chef's Mashed Potato
Fresh Fruit & Veggie Bar

Thurs., Dec. 7

Chicken Patty Sandwich w/Lettuce & Tomato
Rice Pilaf
Fresh Fruit & Veggie Bar

Fri., Dec. 8

Pancakes w/ *Local Maple Syrup*
Fresh Cut Sweet & White Home Fries
Sausage Links
Fresh Fruit & Veggie Bar

Mon., Dec. 11

Dress Your Own Burger
Oven Baked French Fries
Fresh Fruit & Veggie Bar

Tues., Dec. 12

Nachos Supreme
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Dec. 13

Cheesy Breadsticks w/Marinara
Butternut Squash Soup
Fresh Fruit & Veggie Bar

Thurs., Dec. 14

Dress Your Own Hot Dog
Garden Pasta Salad
Fresh Fruit & Veggie Bar

Fri., Dec. 15

Holiday Luncheon
Seasoned Pork Roast
Mashed Potato w/ Gravy, Dinner Roll
Winter Squash
Holiday Dessert
Fresh Fruit & Milk

Mon., Dec. 18

Oven Baked BBQ Chicken
Roasted Sweet Potato Wedges
Dinner Roll
Fresh Fruit & Veggie Bar

Tues., Dec. 19

Birthday Celebration
Fish & Chips (Fish Sticks & French Fries)
Dinner Roll
Fresh Fruit & Veggie Bar

Wed., Dec. 20

Meatball Sub
Winter Squash Smiles
Fresh Fruit & Veggie Bar

Thurs., Dec. 21

No School

Fri., Dec. 22

No School

Mon., Dec. 25

No School

Tues., Dec. 26

No School

Wed., Dec. 27

No School

Thurs., Dec. 28

No School

Fri., Dec. 29

No School

Fair Haven Grade School Lunch
December 2017

Daily Lunch Offerings:

Main Meal or

Cabot Yogurt Parfait or Deli Sandwich or Express or Pizza or Salad Bar

Offered with all Meals
Fresh Fruit & Veggie Bar & Vegetable Soup

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Express Menu

Monday: Chicken Patty Sandwich
Tuesday: Hamburger Deluxe
Wednesday: Chicken Nuggets
Thursday: Meatball Sub
Friday: Hot Dogs

Taste Test Event
Tuesday
December 5, 2017
Featuring
Winter Squash

Harvest of the Month
November

Winter Squash



Prices

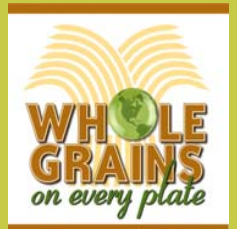
Breakfast	\$1.50	Lunch	\$2.70
Adult Breakfast	\$2.50	Adult Lunch	\$3.75
		Milk	\$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Local Products Used when available

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co. – Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk





Mon., Dec. 4	Tues., Dec. 5	Wed., Dec. 6	Thurs., Dec. 7	Fri., Dec. 8
Whole Grain Pancakes w/ Syrup Fresh Fruit Milk	Sausage & Cheese English Muffin Fresh Fruit Milk	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Cereal w/ 1/2 English Muffin Fresh Fruit Milk	Whole Grain French Toast Sticks Fresh Fruit Milk
Mon., Dec. 11	Tues., Dec. 12	Wed., Dec. 13	Thurs., Dec. 14	Fri., Dec. 15
Whole Grain Pancakes w/ Syrup Fresh Fruit Milk	Sausage & Cheese English Muffin Fresh Fruit Milk	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Cereal w/ 1/2 English Muffin Fresh Fruit Milk	Whole Grain French Toast Sticks Fresh Fruit Milk
Mon., Dec. 18	Tues., Dec. 19	Wed., Dec. 20	Thurs., Dec. 21	Fri., Dec. 22
Whole Grain Pancakes w/ Syrup Fresh Fruit Milk	Sausage & Cheese English Muffin Fresh Fruit Milk	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	No School	No School
Mon., Dec. 25	Tues., Dec. 26	Wed., Dec. 27	Thurs., Dec. 28	Fri., Dec. 29
No School	No School	No School	No School	No School

Fri., Dec. 1
Whole Grain French Toast Sticks
Fresh Fruit
Milk



Fair Haven Grade School
Breakfast
December 2017

DAILY BREAKFAST OPTIONS
Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day
Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?
Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices
Breakfast \$1.50 Lunch \$2.70
Adult Breakfast \$2.50 Adult Lunch \$3.75
Milk \$.50
Pay for meals on-line
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Looking for a job that lets you be at home when your family needs you there?
Come Join our Team!! Go to the link below.
You can download an application or see what we have available through Careerbuilder.
<http://www.abbeygroup.net/careers.php>

