



This Institution is an equal opportunity provider
Menus are subject to change



Fairfield Center School
Lunch
August/September 2018

Mon., Sept. 3

No School Labor Day

Tues., Sept. 4

Cape Cod Crusted Fish & Chips (French Fries) Rice Pilaf Fresh Fruit & Veggie Bar

Wed., Sept. 5

Chef's Choice Pizzas Pepperoni, Cheese or Veggie **Zucchini Parmesan** Fresh Fruit & Veggie Bar

Thurs., Sept. 6

Cheesy Ravioli Bake Baker's Pride Garlic Breadstick Fresh Fruit & Veggie Bar

Fri., Sept. 7

Birthday Celebration Slow Roasted BBQ Pork Sandwich Creamy Coleslaw Fresh Fruit & Veggie Bar

Mon., Sept. 10

Oven Baked BBQ Chicken Hand Cut French Fries Corn on the Cob Dinner Roll Fresh Fruit & Veggie Bar

Tues., Sept. 11

Taste Test Event Nachos w/ The Works (Ground Beef, Tortilla Chips, Homemade Cheese Sauce & Salsa) Rice Pilaf Fresh Fruit & Veggie Bar

Wed., Sept. 12

Cheesy Breadsticks w/Marinara Chicken Noodle Soup Fresh Fruit & Veggie Bar

Thurs., Sept. 13

Creamy Macaroni & Cheese Homemade Cornbread Fresh Fruit & Veggie Bar

Fri., Sept. 14

Maple Apple French Toast Bake Local Maple Syrup Fresh Cut Sweet & White Home Fries Twin Sausage Links Fresh Fruit & Veggie Bar

Mon., Sept. 17

Oven Baked Chicken Nuggets w/Dipping Sauce Roasted Sweet Potato Wedges Fresh Fruit & Veggie Bar

Tues., Sept. 18

Taco Bar w/ Soft Shell **Homemade Salsa w/Fresh Tomatoes** Rice Pilaf Fresh Fruit & Veggie Bar

Wed., Sept. 19

Chef's Choice Pizzas Pepperoni, Cheese or Veggie Caesar Salad Fresh Fruit & Veggie Bar

Thurs., Sept. 20

Shepherd's Pie (Hamburger, Corn & Mashed Potato) Dinner Roll Fresh Fruit & Veggie Bar

Fri., Sept. 21

Grilled Cheese Sandwich From Scratch Creamy Tomato Soup Fresh Fruit & Veggie Bar

Mon., Sept. 24

Dress Your Own Burger Hand Cut French Fries Fresh Fruit & Veggie Bar

Tues., Sept. 25

Chicken & Cheese Quesadilla w/Salsa Rice Pilaf Fresh Fruit & Veggie Bar

Wed., Sept. 26

Chef's Choice Pizzas Pepperoni, Cheese or Veggie **Broccoli Salad** Fresh Fruit & Veggie Bar

Thurs., Sept. 27

Spaghetti w/ Homemade Meat Sauce Baker's Pride Garlic Breadstick Fresh Fruit & Veggie Bar

Fri., Sept. 28

Hearty Chicken & Biscuits Steamed Peas Fresh Fruit & Veggie Bar

Wed., Aug. 29

Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked French Fries Fresh Fruit & Veggie Bar

Thurs., Aug. 30

Spaghetti w/ Homemade Meat Sauce Baker's Pride Garlic Breadstick Fresh Fruit & Veggie Bar

Fri., Aug. 31

Pancakes w/ **Local Maple Syrup** Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar

Daily Lunch Offerings:

Main Meal or Cabot Yogurt Parfait or Deli Sandwich
Offered with all Meals
Fresh Fruit & Veggie Bar & Vegetable Soup

Hood Milk: Skim,
1% white or
Fat-Free Chocolate

Taste Test Event
Thursday
September 11, 2018

Featuring
Tomatoes

Harvest of the Month



August
Tomatoes

September
Summer Squash



Prices

Breakfast	\$1.60	Lunch	\$2.45
Adult Breakfast	\$2.25	Adult Lunch	\$3.75
Milk \$.75			

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

NORTH COAST SEAFOODS



Chef's Catch



New Local Product: North Coast Seafood

The Abbey Group is proud to announce our Sea to School program. We have contracted with North Coast Seafood in Boston MA. A great third generation family run business. The fishermen are catching GMRI Certified Sustainable Wild Acadian Redfish, locally in the Gulf of Maine. Each fish is caught individually with line and hook. North Coast Seafood fillets the fish, debones the fish, and then breads the fish with low fat Cape Cod breading. This is a whole muscle kid friendly healthy product. We are excited to menu this restaurant quality product and support local business in New England.



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**Fairfield Center School
Breakfast**
August/September 2018



Wed., Aug. 29

Sausage & Cheese Muffin
Or Ham & Cheese Bagel
Fresh Fruit
Milk

Thurs., Aug 30

Ultimate Breakfast Round
or Fruit Smoothie w/Granola
Fresh Fruit
Milk

Fri., Aug 31

Healthy Breakfast Bar or Hot Oatmeal w/ Fruit Toppings
Fresh Fruit
Milk

Mon., Sept 3

No School Labor Day

Tues., Sept 4

Fruit Smoothie w/Granola
Or Ham & Cheese Bagel
Fresh Fruit
Milk

Wed., Sept 5

Sausage & Cheese Muffin
Or Ham & Cheese Bagel
Fresh Fruit
Milk

Thurs., Sept. 6

Ultimate Breakfast Round
or Fruit Smoothie w/Granola
Fresh Fruit
Milk

Fri., Sept. 7

Healthy Breakfast Bar or Hot Oatmeal w/ Fruit Toppings
Fresh Fruit
Milk

Mon., Sept 10

French Toast Sticks or Sausage & Cheese English Muffin
Fresh Fruit
Milk

Tues., Sept 11

Fruit Smoothie w/Granola
Or Ham & Cheese Bagel
Fresh Fruit
Milk

Wed., Sept 12

Sausage & Cheese Muffin
Or Ham & Cheese Bagel
Fresh Fruit
Milk

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Ultimate Breakfast Round
or Fruit Smoothie w/Granola
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Or Ham & Cheese Bagel
Fresh Fruit
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Or Ham & Cheese Bagel
Fresh Fruit
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Fresh Fruit
Milk

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Fruit Smoothie w/Granola
Or Ham & Cheese Bagel
Fresh Fruit
Milk

Wed., Sept 26

Sausage & Cheese Muffin
Or Ham & Cheese Bagel
Fresh Fruit
Milk

Thurs, Sept 27

Ultimate Breakfast Round
or Fruit Smoothie w/Granola
Fresh Fruit
Milk

Fri., Sept 28

Healthy Breakfast Bar or Hot Oatmeal w/ Fruit Toppings
Fresh Fruit
Milk

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast \$1.60

Lunch \$2.45

Adult Breakfast \$2.25

Adult Lunch \$3.75

Milk \$.75

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Looking for a job that lets you be at home when your family needs you there?

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<http://www.abbeygroup.net/careers.php>

