



This Institution is an equal opportunity provider
Menus are subject to change

Welcome Back!

Tues., Sept. 4

Chicken Patty Sandwich
w/Lettuce & Tomato
Oven Baked French Fries
Fresh Fruit & Veggie Bar

Wed., Sept. 5

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Zucchini Parmesan
Fresh Fruit & Veggie Bar

Thurs., Sept. 6

Cheesy Ravioli Bake
Baker's Pride Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Sept. 7

Birthday Celebration
Slow Roasted BBQ Pork Sandwich
Corn on the Cob
Fresh Fruit & Veggie Bar

Mon., Sept. 10

Cape Cod Crusted Fish & Chips
(French Fries)
Rice Pilaf
Fresh Fruit & Veggie Bar

Tues., Sept. 11

Taste Test Event
Nachos w/ The Works
(Ground Beef, Tortilla Chips, Homemade Cheese Sauce & Salsa)
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 12

Cheesy Breadsticks w/Marinara
Chicken Noodle Soup
Fresh Fruit & Veggie Bar

Thurs, Sept. 13

Creamy Macaroni & Cheese
Homemade Cornbread
Fresh Fruit & Veggie Bar

Fri., Sept. 14

Maple Apple French Toast Bake
Dustin's Sugar House Syrup
Sweet & White Home Fries
Sausage Links
Fresh Fruit & Veggie Bar

Mon., Sept. 17

Oven Baked Chicken Nuggets w/Dipping Sauce
Roasted Sweet Potato Wedges
Fresh Fruit & Veggie Bar

Tues., Sept. 18

Taco Bar w/ Soft Shell
Homemade Salsa w/Fresh Tomatoes
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 19

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Caesar Salad
Fresh Fruit & Veggie Bar

Thurs, Sept. 20

Shepherd's Pie (Hamburger, Corn & Mashed Potato)
Dinner Roll
Fresh Fruit & Veggie Bar

Fri., Sept. 21

Grilled Cheese Sandwich
From Scratch Creamy Tomato Soup
Fresh Fruit & Veggie Bar

Mon., Sept. 24

Dress Your Own Burger
Hand Cut French Fries
Fresh Fruit & Veggie Bar

Tues., Sept. 25

Chicken & Cheese Quesadilla w/Salsa
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Sept. 26

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Broccoli Salad
Fresh Fruit & Veggie Bar

Thurs, Sept. 27

Spaghetti w/ Homemade Meat Sauce
Baker's Pride Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Sept. 28

Hearty Chicken & Biscuits
Steamed Peas
Fresh Fruit & Veggie Bar



Disnard Elementary School Lunch
August/September 2018

Daily Lunch Offerings:
Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich

Offered with all Meals
Fresh Fruit & Veggie Bar

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Taste Test Event
Tuesday
September 11, 2018

Featuring
Broccoli

Harvest of the Month



August
Tomatoes

September
Broccoli/Cauliflower



Prices

Breakfast	\$1.75	Lunch	\$3.00
Reduced	\$0.30		\$0.40
Adult Breakfast	\$2.50	Adult Lunch	\$3.60
		Milk	\$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

NORTH COAST SEAFOODS



Chef's Catch



New Local Product: North Coast Seafood

The Abbey Group is proud to announce our Sea to School program. We have contracted with North Coast Seafood in Boston MA. A great third generation family run business. The fishermen are catching GMRI Certified Sustainable Wild Acadian Redfish, locally in the Gulf of Maine. Each fish is caught individually with line and hook. North Coast Seafood fillets the fish, debones the fish, and then breads the fish with low fat Cape Cod breading. This is a whole muscle kid friendly healthy product. We are excited to menu this restaurant quality product and support local business in New England.



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Tues., Sept 4

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Wed., Sept 5

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs., Sept. 6

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Fri., Sept. 7

Ham & Cheese Bagel
Fresh Fruit
Milk

Mon., Sept 10

French Toast Sticks w/ Syrup
Fresh Fruit
Milk

Tues., Sept 11

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Wed., Sept 12

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs, Sept 13

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Fri., Sept 14

Fruit Smoothie w/Granola
Fresh Fruit
Milk

Mon., Sept 17

French Toast Sticks w/ Syrup
Fresh Fruit
Milk

Tues., Sept 18

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Wed., Sept 19

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs, Sept 20

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Fri., Sept 21

Ham & Cheese Bagel
Fresh Fruit
Milk

Mon., Sept 24

French Toast Sticks w/ Syrup
Fresh Fruit
Milk

Tues., Sept 25

Healthy Whole Grain Breakfast Round
Fresh Fruit
Milk

Wed., Sept 26

Scrambled Egg & Cheese Wrap
Fresh Fruit
Milk

Thurs, Sept 27

Whole Grain Cinnamon Roll
Fresh Fruit
Milk

Fri., Sept 28

Fruit Smoothie w/Granola
Fresh Fruit
Milk



**Disnard Elementary School
Breakfast**
August/September 2018

DAILY BREAKFAST OPTIONS

Sausage & Cheese Muffin
Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

**Questions or
Comments
regarding your
School Meal
Program?**

Please contact The Abbey Group Vice President of Operations
Scott Choiniere

scott@abbeygroup.net



Prices

Breakfast	\$1.75	Lunch	\$3.00
Reduced	\$.30		\$.40

Adult Breakfast	\$2.50	Adult Lunch	\$3.60
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Milk \$.50

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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

