



This Institution is an equal opportunity provider  
Menus are subject to change



**Sunday, February 4 -Super Bowl**

**Wednesday, February 14–**

Valentines Day



**Monday February 19 – President's Day**

**Lent Begins Wednesday February 14**  
Vegetarian options will be available

**Mon., Feb. 5**

Chicken & Biscuits  
Steamed Peas & Carrots  
Fresh Fruit & Veggie Bar

**Tues., Feb. 6**

**Taste Test Event**  
Taco Bar w/ Soft Shell  
Rice Pilaf  
Fresh Fruit & Veggie Bar

**Wed., Feb. 7**

**Early Release**  
Cheesy Breadsticks w/ Marinara Sauce  
Minestrone Soup  
Fresh Fruit & Veggie Bar

**Thurs., Feb. 1**

Cheesy Ravioli Bake  
Garlic Breadstick  
Fresh Fruit & Veggie Bar

**Fri., Feb. 2**

**Super Bowl Party**  
Chicken Wings  
Roasted Sweet Potato Wedges  
Dinner Roll  
Fresh Fruit & Veggie Bar  
Super Bowl Dessert

**Mon., Feb. 12**

Grilled Chicken Sandwich  
Lettuce & Tomato  
Oven Baked French Fries  
Fresh Fruit & Veggie Bar

**Tues., Feb. 13**

Nachos Supreme  
Rice Pilaf  
Fresh Fruit & Veggie Bar

**Wed., Feb. 14**

**Valentines Day**  
Buffalo Chicken Dip w/Tortilla Chips  
Broccoli Salad  
Valentines Dessert  
Fresh Fruit & Veggie Bar

**Thurs, Feb. 15**

Spaghetti w/ Meat Sauce  
Garlic Breadstick  
Fresh Fruit & Veggie Bar

**Fri., Feb. 16**

BBQ Pork Sandwich  
**Creamy Coleslaw**  
Fresh Fruit & Veggie Bar

**Mon., Feb. 19**

**No School**

**Tues., Feb. 20**

General Tso's Chicken served Over Rice  
**Asian Cabbage Salad**  
Fresh Fruit & Veggie Bar

**Wed., Feb. 21**

Pancakes w/ Warm Syrup  
Scrambled Eggs  
Sweet & White Home Fries  
Fresh Fruit & Veggie Bar

**Thurs, Feb. 22**

**Birthday Celebration**  
Hearty Meatloaf  
Chef's Mashed Potato w/Gravy  
Fresh Fruit &

**Fri., Feb. 23**

Dress Your Own Burger  
Garden Pasta Salad  
Fresh Fruit & Veggie Bar

**Mon., Feb. 26**

**No School**

**Tues., Feb. 27**

**No School**

**Wed., Feb. 28**

**No School**



**Colebrook Academy Lunch**  
February 2018

**Daily Lunch Offerings:**

Main Meal or Deli Sandwich or Pizza

**Offered with all Meals**

**Fresh Fruit & Veggie Bar**  
Fresh Fruit (Full cup offered daily)

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Taste Test Event**  
Tuesday  
February 6, 2018

Featuring  
Cabbage

**Harvest of the Month**  
**February**  
**Cabbage**



**Prices**

Breakfast	\$1.50	Lunch	\$2.80
Reduced	\$ .30		\$ .40
Adult Breakfast	\$1.75	Adult Lunch	\$3.75
		Milk	\$.50

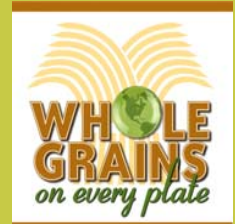
**Pay for meals on-line**  
**For free on-line service go to**  
<http://www.abbeygroup.net>  
**Search for Your School and Click the K12 Payment Center link**

Local Products Used when available



**We Support Local New England Companies**


Koffee Kup Bakery/VT Bread Co.– Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup– VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand– Local Produce  
Green Mtn. Farms– Cream Cheese  
Hood-Milk





# February



Mon., Feb. 5	Tues., Feb. 6	Wed., Feb. 7	Thurs., Feb. 8	Fri., Feb. 9
Whole Grain French Toast Sticks Fresh Fruit Milk	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Early Release Whole Grain Honey Bun Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., Feb. 12	Tues., Feb. 13	Wed., Feb. 14	Thurs., Feb. 15	Fri., Feb. 16
Whole Grain French Toast Sticks Fresh Fruit Milk	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Whole Grain Honey Bun Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Feb. 19	Tues., Feb. 20	Wed., Feb. 21	Thurs., Feb. 22	Fri., Feb. 23
<b>No School</b>	Oven Baked Twin Cinnamon Rolls Fresh Fruit Milk	Whole Grain Honey Bun Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., Feb. 26	Tues., Feb. 27	Wed., Feb. 28		
<b>No School</b>	<b>No School</b>	<b>No School</b>		



## Colebrook Academy Breakfast February 2018

### DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese Or Special of the Day

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Questions or Comments regarding your School Meal Program?**  
Please contact The Abbey Group Vice President of Operations Scott Choiniere  
scott@abbeygroup.net



### Prices

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Reduced	\$ .30		\$ .40
Adult Breakfast	\$1.75	Adult Lunch	\$3.75
		Milk	\$.50

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Looking for a job that lets you be at home when your family needs you there?  
Come Join our Team!! Go to the link below.  
You can download an application or see what we have available through Careerbuilder.  
<http://www.abbeygroup.net/careers.php>

