



This Institution is an equal opportunity provider
Menus are subject to change



Fri., Dec. 1

Grilled Cheese Sandwich
Chicken Noodle Soup
Fresh Fruit & Veggie Bar

Mon., Dec. 4

Dress Your Own Hot Dog
Garden Pasta Salad
Fresh Fruit & Veggie Bar

Tues., Dec. 5

Taste Test Event
Taco Bar w/WG Soft Shell Tortilla
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Dec. 6

Early Release
Cheesy Breadsticks w/Marinara
Butternut Squash Soup
Fresh Fruit & Veggie Bar

Thurs., Dec. 7

Early Release
Hot Turkey Sandwich
Chef's Mashed Potato
Steamed Peas

Fri., Dec. 8

Pancakes w/ *Local Maple Syrup*
Fresh Cut Sweet & White Home Fries
Sausage Links
Fresh Fruit & Veggie Bar

Mon., Dec. 11

Chicken Patty Sandwich w/Lettuce & Tomato
Hand Cut French Fries
Fresh Fruit & Veggie Bar

Tues., Dec. 12

Nachos Supreme
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Dec. 13

Ham & Cheese Double Decker
Broccoli Salad
Fresh Fruit & Veggie Bar

Thurs., Dec. 14

Spaghetti w/ Meat Sauce
Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Dec. 15

Chicken & Biscuits
Chef's Mashed Potato
Fresh Fruit & Veggie Bar

Mon., Dec. 18

Macaroni & Cheese
Cornbread
Steamed Green Beans
Fresh Fruit & Veggie Bar

Tues., Dec. 19

Birthday Celebration
Fish Tacos w/Coleslaw
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed., Dec. 20

Meatball Sub
Winter Squash Smiles
Fresh Fruit & Veggie Bar

Thurs., Dec. 21

Dress Your Own Burger
Oven Baked French Fries
Baked Beans

Fri., Dec. 22

Holiday Luncheon
Seasoned Pork Roast
Mashed Potato w/ Gravy, Dinner Roll
Winter Squash
Holiday Dessert
Fresh Fruit & Milk

Mon., Dec. 25

No School

Tues., Dec. 26

No School

Wed., Dec. 27

No School

Thurs., Dec. 28

No School

Fri., Dec. 29

No School

Colebrook Academy Lunch
December 2017

Daily Lunch Offerings:

Main Meal or Deli Sandwich or Pizza

Offered with all Meals
Fresh Fruit & Veggie Bar
Fresh Fruit (Full cup offered daily)

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event
Tuesday
December 5, 2017

Featuring
Winter Squash

Harvest of the Month
November

Winter Squash



Prices

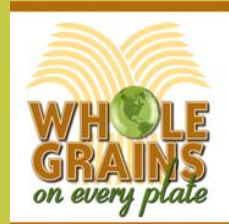
Breakfast	\$1.50	Lunch	\$2.80
Reduced	\$.30		\$.40
Adult Breakfast	\$1.75	Adult Lunch	\$3.75
		Milk	\$.50

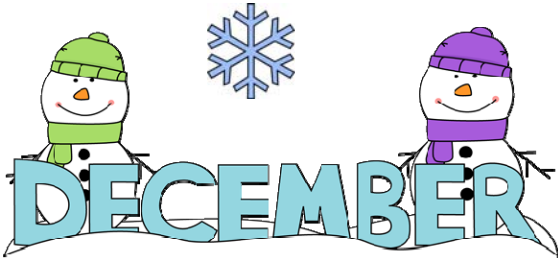
Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Local Products Used when available

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.– Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup– VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand– Local Produce
Green Mtn. Farms– Cream Cheese
Hood-Milk





Mon., Dec. 4	Tues., Dec. 5	Wed., Dec. 6	Thurs., Dec. 7	Fri., Dec. 8
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Early Release Whole Grain Honey Bun Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Dec. 11	Tues., Dec. 12	Wed., Dec. 13	Thurs., Dec. 14	Fri., Dec. 15
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Whole Grain Honey Bun Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon., Dec. 18	Tues., Dec. 19	Wed., Dec. 20	Thurs., Dec. 21	Fri., Dec. 22
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Cinnamon Roll Fresh Fruit Milk	Whole Grain Honey Bun Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon., Dec. 25	Tues., Dec. 26	Wed., Dec. 27	Thurs., Dec. 28	Fri., Dec. 29
No School	No School	No School	No School	No School



**Colebrook Academy
Breakfast
December 2017**

DAILY BREAKFAST OPTIONS

Cereals w/Toasted English Muffin or Bagels w/Cream Cheese Or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$1.50	Lunch	\$2.80
Reduced	\$.30		\$.40
Adult Breakfast	\$1.75	Adult Lunch	\$3.75
		Milk	\$.50

**Pay for meals on-line
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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

