



This Institution is an equal opportunity provider
Menus are subject to change



**Christ the King School
Lunch
January 2018**

Mon., Jan. 1	Tues., Jan. 2	Wed., Jan. 3	Thurs., Jan. 4	Fri., Jan. 5
No School	No School	Noon Dismissal Chicken Patty Sandwich w/Lettuce & Tomato Seasoned Potato Wedges Fresh Fruit & Veggie Bar	Cheesy Breadsticks w/ Marinara Sauce Caesar Salad Fresh Fruit & Veggie Bar	Pancakes w/ <i>Local Maple Syrup</i> Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar
Mon., Jan. 8	Tues., Jan. 9	Wed., Jan. 10	Thurs., Jan. 11	Fri., Jan. 12
Chicken & Biscuits Steamed Peas & Carrots Fresh Fruit & Veggie Bar	Taco Bar w/Hard Shell Or Soft Shell Rice Pilaf Fresh Fruit & Veggie Bar	Macaroni & Hamburger Pasta Bake Garlic Breadstick Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Roasted Broccoli Fresh Fruit & Veggie Bar	BBQ Pork Sandwich Sautéed Onions and Peppers Creamy Coleslaw Fresh Fruit & Veggie Bar
Mon., Jan. 15	Tues., Jan. 16	Wed., Jan. 17	Thurs., Jan. 18	Fri., Jan. 19
No School	Taste Test Event Nachos Supreme Rice Pilaf Fresh Fruit & Veggie Bar	Macaroni & Cheese Cornbread Chopped Green Salad w/Buttermilk Ranch Dressing Fresh Fruit & Veggie Bar	Cheesy Breadsticks w/ Marinara Sauce Minestrone Soup Fresh Fruit & Veggie Bar	French Toast Sticks Sweet Potato Wedges Sausage Links Fresh Fruit & Veggie Bar
Mon., Jan. 22	Tues., Jan. 23	Wed., Jan. 24	Thurs., Jan. 25	Fri., Jan. 26
Oven Baked Chicken Nuggets w/Dipping Sauce Garden Pasta Salad Fresh Fruit & Veggie Bar	Birth Day Celebration Chicken & Cheese Quesadilla Rice Pilaf Fresh Fruit & Veggie Bar	Hot Turkey Sandwich w/ Gravy Mashed Potato Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Chopped Green Salad w/Buttermilk Ranch Dressing Fresh Fruit & Veggie Bar	Grilled Cheese Sandwich Chicken Noodle Soup Fresh Fruit & Veggie Bar
Mon., Jan. 29	Tues., Jan. 30	Wed., Jan. 31		
Winter Beach Party Burgers & Hot Dogs w/Fixings Garden Pasta Salad Chilled Watermelon Frozen Sidekick Fresh Fruit & Veggie Bar	Nachos Supreme Rice Pilaf Fresh Fruit & Veggie Bar	Spaghetti w/ Meat Sauce Garlic Breadstick Fresh Fruit & Veggie Bar		

Daily Lunch Offerings:

Main Meal or
Deli Sandwich
Offered with all Meals

Fresh Fruit & Veggie Bar & Vegetable Soup
Hood Milk: Skim, 1% white or Fat-Free Chocolate
Deli Menu

Monday: Turkey & Cheese Sandwich
Tuesday: Ham & Cheese Sandwich
Wednesday: Turkey & Cheese Sandwich
Thursday: Chicken Salad Sandwich
Friday: Turkey & Cheese Sandwich

Taste Test Event
Tuesday
January 16, 2018

Featuring
Buttermilk

Harvest of the Month
January

Buttermilk
Ranch
Dressing

Prices

Student Lunch \$3.50
Adult Lunch \$4.00

Milk \$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Local Products Used when available

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk
Green Mtn. Farm Direct-Local Produce

