



This Institution is an equal opportunity provider  
Menus are subject to change



**Christ the King School  
Lunch  
November 2017**



**Wed., Nov. 1**

Cheesy Ravioli Bake  
Garlic Breadstick  
Fresh Fruit & Veggie Bar

**Thurs., Nov. 2**

Taste Test Event  
Chef's Choice Pizzas  
Fresh Fruit & Veggie Bar

**Fri., Nov. 3**

Chicken & Biscuits  
Steamed Peas  
Fresh Fruit & Veggie Bar

**Mon., Nov. 6**

Oven Baked Chicken Tenders w/Dipping Sauce  
**Roasted Sweet Potato Wedges**  
Dinner Roll  
Fresh Fruit & Veggie Bar

**Tues., Nov. 7**

Taco Bar w/WG Soft Shell Tortilla  
Rice Pilaf  
Fresh Fruit & Veggie Bar

**Wed., Nov. 8**

Pork Fried Rice  
Steamed Broccoli  
Dinner Roll  
Fresh Fruit & Veggie Bar

**Thurs., Nov. 9**

Chef's Choice Pizzas  
Caesar Salad  
Fresh Fruit & Veggie Bar

**Fri., Nov. 10**

French Toast Sticks  
*Local Maple Syrup*  
Fresh Cut Sweet & White Home Fries  
Sausage Links  
Fresh Fruit & Veggie Bar

**Mon., Nov. 13**

BBQ Chicken Sandwich  
Garden Pasta Salad  
Steamed Carrots  
Fresh Fruit & Veggie Bar

**Tues., Nov. 14**

Birthday Celebration  
Spaghetti w/ Meat Sauce  
Garlic Breadstick  
Fresh Fruit & Veggie Bar

**Wed., Nov. 15**

Chef's Choice Pizzas  
Pepperoni, Cheese or Veggie  
Broccoli Salad  
Fresh Fruit & Veggie Bar

**Thurs., Nov. 16**

**Thanksgiving Feast**  
Oven Roasted Turkey  
Chef's Mashed Potato w/Gravy, Stuffing  
Steamed Peas  
Chilled Cranberry  
Dinner Roll  
Holiday Dessert  
Fresh Fruit

**Fri., Nov. 17**

Pancakes w/ *Local Maple Syrup*  
**Fresh Cut Sweet & White Home Fries**  
Sausage Links  
Fresh Fruit & Veggie Bar

**Mon., Nov. 20**

12:00 Dismissal  
Chicken Patty Sandwich  
Oven Baked French Fries  
Veggie Sticks

**Tues., Nov. 21**

12:00 Dismissal  
Deli Day  
Turkey, Ham or Veggie Sandwich  
Veggie Sticks  
Sun Chips  
Fruit & Milk

**Wed., Nov. 22**

**No School**

**Thurs., Nov. 23**

**No School**

**Fri., Nov. 24**

**No School**

**Mon., Nov. 26**

Oven Baked Chicken Nuggets  
French Fries  
Fresh Fruit & Veggie Bar

**Tues., Nov. 28**

Dress Your Own Burger  
Hand Cut French Fries  
Fresh Fruit & Veggie Bar

**Wed., Nov. 29**

Dress Your Own Hot Dog  
**Roasted Sweet Potato Wedges**  
Fresh Fruit & Veggie Bar

**Thurs., Nov. 30**

Chef's Choice Pizzas  
Caesar Salad  
Fresh Fruit & Veggie Bar



**Daily Lunch Offerings:**

Main Meal or  
Deli Sandwich

**Offered with all Meals**

**Fresh Fruit & Veggie Bar & Vegetable Soup**

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Deli Menu**

Monday: Turkey & Cheese Sandwich

Tuesday: Ham & Cheese Sandwich

Wednesday: Turkey & Cheese Sandwich

Thursday: Chicken Salad Sandwich

Friday: Turkey & Cheese Sandwich

Taste Test Event  
Thursday  
November 2, 2017

Featuring  
Sweet Potatoes

**Harvest of the Month  
November**

Sweet Potatoes



**Prices**

**Student Lunch \$3.50**  
**Adult Lunch \$4.00**

**Milk \$.50**

**Pay for meals on-line**  
**For free on-line service go to**  
<http://www.abbeygroup.net>  
**Search for Your School and Click the K12 Payment Center link**

Local Products Used  
when available

**We Support Local New England Companies**

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls  
Cabot Cooperative- Yogurt, Sour Cream  
King Arthur Flour- Dinner Rolls, Pizza Dough  
Chappelle's Potatoes  
Georgia Mtn. Maples Syrup- VT. Maple Syrup  
Sunrise Orchards-Apples  
Mazza Farm Stand- Local Produce  
Green Mtn. Farms- Cream Cheese  
Hood-Milk  
Green Mtn. Farm Direct-Local Produce

