



This Institution is an equal opportunity provider
Menus are subject to change



Mon., Sept. 3

No School Labor Day

Tues., Sept. 4

Cape Cod Crusted Fish & Chips (French Fries) Rice Pilaf Fresh Fruit & Veggie Bar

Wed., Sept. 5

Chef's Choice Pizzas Pepperoni, Cheese or Veggie **Zucchini Parmesan** Fresh Fruit & Veggie Bar

Thurs., Sept. 6

Cheesy Ravioli Bake Baker's Pride Garlic Breadstick Fresh Fruit & Veggie Bar

Fri., Sept. 7

BirthDay Celebration Slow Roasted BBQ Pork Sandwich Creamy Coleslaw Fresh Fruit & Veggie Bar

Mon., Sept. 10

Oven Baked BBQ Chicken Hand Cut French Fries Corn on the Cob Dinner Roll Fresh Fruit & Veggie Bar

Tues., Sept. 11

Taste Test Event Nachos w/ The Works (Ground Beef, Tortilla Chips, Homemade Cheese Sauce & Salsa) Rice Pilaf Fresh Fruit & Veggie Bar

Wed., Sept. 12

Cheesy Breadsticks w/Marinara Chicken Noodle Soup Fresh Fruit & Veggie Bar

Thurs., Sept. 13

Creamy Macaroni & Cheese Homemade Cornbread Fresh Fruit & Veggie Bar

Fri., Sept. 14

Maple Apple French Toast Bake Local Maple Syrup Fresh Cut Sweet & White Home Fries Twin Sausage Links Fresh Fruit & Veggie Bar

Mon., Sept. 17

Oven Baked Chicken Nuggets w/Dipping Sauce Roasted Sweet Potato Wedges Fresh Fruit & Veggie Bar

Tues., Sept. 18

Taco Bar w/ Soft Shell **Homemade Salsa w/Fresh Tomatoes** Rice Pilaf Fresh Fruit & Veggie Bar

Wed., Sept. 19

Chef's Choice Pizzas Pepperoni, Cheese or Veggie Caesar Salad Fresh Fruit & Veggie Bar

Thurs., Sept. 20

Shepherd's Pie (Hamburger, Corn & Mashed Potato) Dinner Roll Fresh Fruit & Veggie Bar

Fri., Sept. 21

Early Release Dress Your Own Burger Hand Cut French Fries Fresh Fruit & Veggie Bar

Mon., Sept. 24

Spaghetti w/ Homemade Meat Sauce Baker's Pride Garlic Breadstick Fresh Fruit & Veggie Bar

Tues., Sept. 25

Chicken & Cheese Quesadilla w/Salsa Rice Pilaf Fresh Fruit & Veggie Bar

Wed., Sept. 26

Chef's Choice Pizzas Pepperoni, Cheese or Veggie **Broccoli Salad** Fresh Fruit & Veggie Bar

Thurs., Sept. 27

Grilled Cheese Sandwich From Scratch Creamy Tomato Soup Fresh Fruit & Veggie Bar

Fri., Sept. 28

Hearty Chicken & Biscuits Steamed Peas Fresh Fruit & Veggie Bar

Wed., Aug. 29

Chicken Patty Sandwich w/Lettuce & Tomato Oven Baked French Fries Fresh Fruit & Veggie Bar

Thurs., Aug. 30

Spaghetti w/ Homemade Meat Sauce Baker's Pride Garlic Breadstick Fresh Fruit & Veggie Bar

Fri., Aug. 31

Pancakes w/ **Local Maple Syrup** Fresh Cut Sweet & White Home Fries Sausage Links Fresh Fruit & Veggie Bar



Castleton Village School
Lunch
August/September 2018

Daily Lunch Offerings:
Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich
Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup
Hood Milk: Skim, 1% white or Fat-Free Chocolate

Taste Test Event
Thursday
September 11, 2018

Featuring
Tomatoes

Harvest of the Month



August
Tomatoes

September
Summer Squash



Prices

Breakfast	\$1.50	Lunch	\$2.80
Adult Breakfast	\$2.60	Adult Lunch	\$3.75
	Milk \$0.50		

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

NORTH COAST SEAFOODS



Chef's Catch



New Local Product: North Coast Seafood

The Abbey Group is proud to announce our Sea to School program. We have contracted with North Coast Seafood in Boston MA. A great third generation family run business. The fishermen are catching GMRI Certified Sustainable Wild Acadian Redfish, locally in the Gulf of Maine. Each fish is caught individually with line and hook. North Coast Seafood fillets the fish, debones the fish, and then breads the fish with low fat Cape Cod breading. This is a whole muscle kid friendly healthy product. We are excited to menu this restaurant quality product and support local business in New England.



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**Castleton Village School
Breakfast**
August/September 2018



Mon., Sept 3	Tues., Sept 4	Wed., Sept 5	Thurs., Sept 6	Fri., Sept 7
No School Labor Day	Egg & Cheese Biscuit Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Ultimate Breakfast Round Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk
Mon., Sept 10	Tues., Sept 11	Wed., Sept 12	Thurs., Sept 13	Fri., Sept 14
French Toast Sticks Fresh Fruit Milk	Egg & Cheese Biscuit Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Ultimate Breakfast Round Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk
Mon., Sept 17	Tues., Sept 18	Wed., Sept 19	Thurs., Sept 20	Fri., Sept 21
French Toast Sticks Fresh Fruit Milk	Egg & Cheese Biscuit Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Ultimate Breakfast Round Fresh Fruit Milk	Early Release Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk
Mon., Sept 24	Tues., Sept 25	Wed., Sept 26	Thurs., Sept 27	Fri., Sept 28
French Toast Sticks Fresh Fruit Milk	Egg & Cheese Biscuit Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Ultimate Breakfast Round Fresh Fruit Milk	Fruit Filled Muffin w/ Cheese Stick Fresh Fruit Milk

DAILY BREAKFAST OPTIONS

Sausage & Cheese Muffin
Ham & Cheese Bagel
Cereals w/Toasted English Muffin or Bagels w/Cream Cheese or Fruit Smoothies or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$1.50	Lunch	\$2.80
Adult Breakfast	\$2.60	Adult Lunch	\$3.75
	Milk \$0.50		

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Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!! Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

