



This Institution is an equal opportunity provider
Menus are subject to change



Fri. June 1

Hot Turkey Sandwich
w/Gravy
Chef's Mashed Potato
Fresh Fruit & Veggie Bar

Mon. June 4

Oven Baked BBQ Chicken
Oven Baked French Fries
Dinner Roll
Fresh Fruit & Veggie Bar

Tues. June 5

Taste Test Event
Taco Bar w/ Soft Shell Tortilla w/Toppings
Southwest Rice Pilaf
Fresh Fruit & Veggie Bar

Wed. June 6

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Caesar Salad
Fresh Fruit & Veggie Bar

Thurs. June 7

Homemade Shepherd's Pie
(Ground Beef, Mashed Potato & Corn)
Dinner Roll
Fresh Fruit & Veggie Bar

Fri. June 8

Birthday Celebration
Grilled Cheese Sandwich
Chicken Noodle Soup
Spinach Salad
Fresh Fruit & Veggie Bar

Mon. June 11

Brunch for Lunch
Pancakes w/ Syrup
Sweet & White Home Fries
Sausage Links
Fresh Fruit & Veggie Bar

Tues. June 12

Chicken & Cheese Fajita
w/Onions, Peppers & Salsa
Spanish Rice
Fresh Fruit & Veggie Bar

Wed. June 13

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Broccoli Salad
Fresh Fruit & Veggie Bar

Thurs. June 14

Spaghetti w/Meat Sauce
Garlic Breadstick
Strawberry Spinach Salad
Fresh Fruit & Veggie Bar

Fri. June 15

Chicken & Biscuits
Steamed Peas & Carrots
Fresh Fruit & Veggie Bar

Mon. June 18

End of Year BBQ
Hamburger & Hot Dogs w/all the Fixings
Garden Pasta Salad
Baked Beans
Chilled Watermelon
Summertime Dessert

Tues. June 19

Beef Nachos Supreme
Fresh Salsa
Rice Pilaf
Fresh Fruit & Veggie Bar

Wed. June 20

Chicken Patty Sandwich
Spinach Salad
Fresh Fruit & Veggie Bar

Thurs. June 21

Chicken Caesar Salad Wrap
Oven Baked French Fries
Fresh Fruit & Veggie Bar

Fri. June 22

Last Day
Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Caesar Salad
Fresh Fruit & Veggie Bar



**Castleton Elementary School
Lunch
June 2018**

Daily Lunch Offerings:
Main Meal or
**Cabot Yogurt Parfait or
Deli Sandwich**
Offered with all Meals
**Fresh Fruit & Veggie Bar &
Vegetable Soup**
**Hood Milk: Skim, 1%
white or
Fat-Free Chocolate**

**Taste Test Event
Tuesday
June 5, 2018**

Featuring
Spinach

**Harvest of
the Month
Spinach**



Prices

Breakfast	\$1.50	Lunch	\$2.70
Adult Breakfast	\$2.50	Adult Lunch	\$3.75
	Milk \$.50		

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the
K12 Payment Center link

Local Products Used
when available



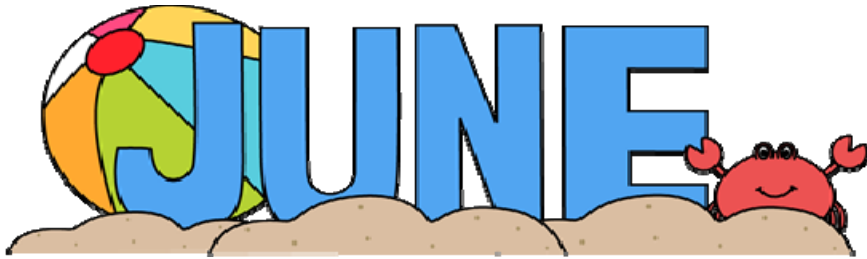
**We Support Local New England
Companies**

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk





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Fri. June 1

Whole Grain
Fruit Filled
Muffin w/
Cheese Stick
Fresh Fruit
Milk

Mon. June 4

Whole Grain
French Toast
Sticks
Fresh Fruit
Milk

Tues. June 5

Egg & Cheese
Biscuit
Fresh Fruit
Milk

Wed. June 6

Scrambled
Egg & Cheese
Wrap
Fresh Fruit
Milk

Thurs. June 7

Healthy
Whole Grain
Breakfast
Round
Fresh Fruit
Milk

Fri. June 8

Whole Grain
Fruit Filled
Muffin w/
Cheese Stick
Fresh Fruit
Milk

Mon. June 11

Whole Grain
French Toast
Sticks
Fresh Fruit
Milk

Tues. June 12

Egg & Cheese
Biscuit
Fresh Fruit
Milk

Wed. June 13

Scrambled
Egg & Cheese
Wrap
Fresh Fruit
Milk

Thurs. June 14

Healthy
Whole Grain
Breakfast
Round
Fresh Fruit
Milk

Fri. June 15

Whole Grain
Fruit Filled
Muffin w/
Cheese Stick
Fresh Fruit
Milk

Mon. June 18

Whole Grain
French Toast
Sticks
Fresh Fruit
Milk

Tues. June 19

Egg & Cheese
Biscuit
Fresh Fruit
Milk

Wed. June 20

Scrambled
Egg & Cheese
Wrap
Fresh Fruit
Milk

Thurs. June 21

Healthy
Whole Grain
Breakfast
Round
Fresh Fruit
Milk

Fri. June 22

Last Day
Whole Grain
Fruit Filled
Muffin w/
Cheese Stick
Fresh Fruit
Milk



**Castleton Elementary School
Breakfast
June 2018**

**DAILY BREAKFAST
OPTIONS**

Sausage & Cheese Muffin
Ham & Cheese Bagel
Cereals w/Toasted English Muffin or
Bagels w/Cream Cheese or
Special of the Day

*Students may take two fruit servings with
each meal. They must take at least one to
qualify for the meal prices listed.*

**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

**Questions or
Comments
regarding your
School Meal
Program?**

Please contact The
Abbey Group Vice
President of
Operations
Scott Choiniere
scott@abbeygroup.net



Prices

Breakfast	\$1.50	Lunch	\$2.70
Adult Breakfast	\$2.50	Adult Lunch	\$3.75

Milk \$.50

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