



This Institution is an equal opportunity provider  
Menus are subject to change



**Barstow Memorial School  
Lunch  
April 2018**

Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Oven Baked Chicken Nuggets w/Dipping Sauce Garden Pasta Salad Fresh Fruit & Veggie Bar	Taco Bar w/ Soft Shell Tortilla  Rice Pilaf Fresh Fruit & Veggie Bar	Cheesy Breadsticks w/ Marinara Sauce Chicken Noodle Soup Fresh Fruit & Veggie Bar	Homemade Shepherd's Pie (Ground Beef, Mashed Potato & Corn) Cornbread Fresh Fruit & Veggie Bar	Grilled Ham & Cheese Sandwich Tomato Soup Fresh Fruit & Veggie Bar
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
Dress Your Own Burger Homemade Potato Salad Fresh Fruit & Veggie Bar	<b>Taste Test Event</b> Chicken & Cheese Quesadilla Rice Pilaf Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie Caesar Salad Fresh Fruit & Veggie Bar	Spaghetti w/ Meat Sauce Garlic Breadstick Fresh Fruit & Veggie Bar	BirthDay Celebration Chicken & Biscuits Garlic Butter Roasted Carrots Fresh Fruit & Veggie Bar
Mon. April 16	Tues. April 17	Wed. April 18	Thurs. April 19	Fri. April 20
<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
Mon. April 23	Tues. April 24	Wed. April 25	Thurs. April 26	Fri. April 27
Meatball Sub Kale Pesto Pasta Fresh Fruit & Veggie Bar	Nachos Supreme  Rice Pilaf Fresh Fruit & Veggie Bar	Chef's Choice Pizzas Pepperoni, Cheese or Veggie <b>Maple Dill Carrots</b> Fresh Fruit & Veggie Bar	<b>Spring Dinner</b> Seasoned Roast Pork Mashed Potato w/Gravy Steamed Peas Dinner Roll Spring Dessert	Pancakes w/ Local Maple Syrup Sausage Links Sweet & White Home Fries Fresh Fruit & Veggie Bar
Mon. April 30				
Chicken Patty Sandwich Lettuce & Tomato Oven Baked French Fries Fresh Fruit & Veggie Bar				

**April**



**Daily Lunch Offerings:**

Main Meal or  
**Cabot Yogurt Parfait** or  
Deli Sandwich or Salad Bar

**Offered with all Meals**  
Fresh Fruit & Veggie Bar &  
Vegetable Soup

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Taste Test Event**  
Tuesday  
April 10, 2018  
  
Featuring Carrots

**Harvest of the Month**  
**Carrots**



**Prices**

Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10
Milk \$.50			

**Pay for meals on-line**  
**For free on-line service go to**  
<http://www.abbeygroup.net>  
**Search for Your School and Click the K12 Payment Center link**

Local Products Used when available

**We Support Local New England Companies**

- Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
- Cabot Cooperative- Yogurt, Sour Cream
- King Arthur Flour- Dinner Rolls, Pizza Dough
- Chappelle's Potatoes
- Georgia Mtn. Maples Syrup- VT. Maple Syrup
- Sunrise Orchards-Apples
- Mazza Farm Stand- Local Produce
- Green Mtn. Farms- Cream Cheese
- Hood-Milk





This Institution is an equal opportunity provider  
Menus are subject to change

Mon. April 2	Tues. April 3	Wed. April 4	Thurs. April 5	Fri. April 6
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Hard Boiled Egg Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Hearty Oatmeal w/ Hard Boiled Egg Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon. April 9	Tues. April 10	Wed. April 11	Thurs. April 12	Fri. April 13
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Hard Boiled Egg Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Hearty Oatmeal w/ Hard Boiled Egg Fresh Fruit Milk	Sausage & Cheese Muffin Fresh Fruit Milk
Mon. April 16	Tues. April 17	Wed. April 18	Thurs. April 19	Fri. April 20
<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>	<b>No School</b>
Mon. April 23	Tues. April 24	Wed. April 25	Thurs. April 26	Fri. April 27
Whole Grain French Toast Sticks Fresh Fruit Milk	Whole Grain Fruit Filled Muffin w/ Hard Boiled Egg Fresh Fruit Milk	Scrambled Egg & Cheese Wrap Fresh Fruit Milk	Hearty Oatmeal w/ Hard Boiled Egg Fresh Fruit Milk	Ham & Cheese Bagel Fresh Fruit Milk
Mon. April 30				
Whole Grain French Toast Sticks Fresh Fruit Milk				



**Barstow Memorial School  
Breakfast  
April 2018**

**DAILY BREAKFAST OPTIONS**

Cereals w/Toasted English Muffin or Yogurt w/Granola &Hard Boiled Egg  
Bagels w/Cream Cheese or Special of the Day

*Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.*

**Hood Milk: Skim, 1% white or Fat-Free Chocolate**

**Questions or Comments regarding your School Meal Program?**  
Please contact The Abbey Group Vice President of Operations Scott Choiniere  
scott@abbeygroup.net

**Prices**

Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10

Milk \$.50  
**Pay for meals on-line**  
**For free on-line service go to**  
<http://www.abbeygroup.net>  
**Search for Your School and Click the K12 Payment Center link**



Looking for a job that lets you be at home when your family needs you there?  
Come Join our Team!! Go to the link below.  
You can download an application or see what we have available through Careerbuilder.  
<http://www.abbeygroup.net/careers.php>

