



This Institution is an equal opportunity provider
Menus are subject to change



**Neshobe Elementary School
Lunch**
August/September 2017

Taste Test Event
Thursday
August 31

Featuring
Tomatoes
& Summer Squash



Mon., Sept. 4

Labor Day

Tues., Sept. 5

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Broccoli Salad
Fresh Fruit & Veggie Bar

Wed., Sept. 6

Dress Your Own Hot Dog
Roasted Sweet Potato Wedges
Fresh Fruit & Veggie Bar

Thurs., Sept. 7

Homemade Shepherd's Pie
Baker's Hand Rolled Dinner Roll
Roasted Zucchini Sticks
Fresh Fruit & Veggie Bar

Fri., Sept. 8

BirthDay Celebration
Slow Roasted BBQ Pork Sandwich
Creamy Coleslaw
Fresh Fruit & Veggie Bar

Mon., Sept. 11

Meatball Sub
Garden Pasta Salad
Fresh Fruit & Veggie Bar

Tues., Sept. 12

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Zucchini Parmesan
Fresh Fruit & Veggie Bar

Wed., Sept. 13

Creamy Macaroni & Cheese
Homemade Cornbread
Fresh Fruit & Veggie Bar

Thurs, Sept. 14

Oven Roasted Hot Turkey Sandwich
Chef's Mashed Potato
Fresh Fruit & Veggie Bar

Fri., Sept. 15

Maple Apple French Toast Bake
Local Maple Syrup
Fresh Cut Sweet & White Home Fries
Fresh Fruit & Veggie Bar

Mon., Sept. 18

Oven Baked Chicken Nuggets w/Dipping Sauce
Hand Cut Roasted Potato Wedges
Fresh Fruit & Veggie Bar

Tues., Sept. 19

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Local Corn on the Cob
Fresh Fruit & Veggie Bar

Wed., Sept. 20

Taco Bar w/ Soft Shell
Homemade Salsa w/Fresh Tomatoes
Fresh Fruit & Veggie Bar

Thurs, Sept. 21

Homemade Goulash
Garlic Breadstick
Seasoned Summer Squash
Fresh Fruit & Veggie Bar

Fri., Sept. 22

Grilled Cheese Sandwich
From Scratch Chicken Noodle Soup
Fresh Fruit & Veggie Bar

Mon., Sept. 25

Dress Your Own Burger
Hand Cut French Fries
Fresh Fruit & Veggie Bar

Tues., Sept. 26

Minestrone Soup
Cheesy Breadsticks w/Marinara
Fresh Fruit & Veggie Bar

Wed., Sept. 27

Chicken Fajitas w/Sautéed Onions & Peppers
Rice Pilaf
Fresh Fruit & Veggie Bar

Thurs, Sept. 28



Spaghetti w/ Meat or Marinara Sauce
Garlic Breadstick
Fresh Fruit & Veggie Bar

Fri., Sept. 29

Pork Fried Rice
Steamed Broccoli
Dinner Roll
Fortune Cookie
Fresh Fruit & Veggie Bar

Daily Lunch Offerings:
Main Meal or
Cabot Yogurt Parfait or
Deli Sandwich
Offered with all Meals
Fresh Fruit & Veggie Bar &
Vegetable Soup

Hood Milk: 1% white or Fat-Free Chocolate

Harvest of the Month

August
Tomatoes
September
Summer Squash


Local Products Used when available
Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

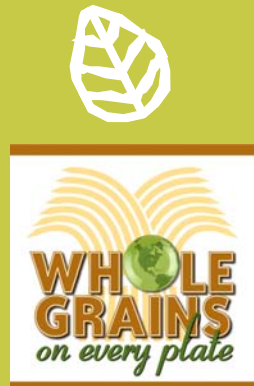
Prices

Breakfast	\$1.75	Lunch	\$2.40
Adult Breakfast	\$2.75	Adult Lunch	\$4.10
		Milk	\$.50

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

We Support Local New England Companies

Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk





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BACK TO SCHOOL

Wed., Aug 30

Breakfast Pizza
w/ 1/2 English Muffin

Fresh Fruit

Milk

Thurs., Aug 31

Healthy Whole Grain Breakfast Round

Fresh Fruit

Milk

Fri., Sept. 1

Sausage & Cheese Muffin

Fresh Fruit

Milk

Mon., Sept. 4

Labor Day

Tues., Sept. 5

Hot Oatmeal Bar w/Assorted Toppings
1/2 English Muffin
Fresh Fruit
Milk

Wed., Sept. 6

Breakfast Pizza w/ 1/2 English Muffin

Fresh Fruit

Milk

Thurs., Sept. 7

Healthy Whole Grain Breakfast Round

Fresh Fruit

Milk

Fri., Sept. 8

Ham & Cheese Bagel

Fresh Fruit

Milk

Mon., Sept. 11

Whole Grain French Toast Sticks

Fresh Fruit

Milk

Tues., Sept. 12

Hot Oatmeal Bar w/Assorted Toppings
1/2 English Muffin
Fresh Fruit
Milk

Wed., Sept. 13

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Fresh Fruit

Milk

Thurs, Sept. 14

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Fresh Fruit

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1/2 English Muffin
Fresh Fruit
Milk

Wed., Sept. 27

Breakfast Pizza w/ 1/2 English Muffin

Fresh Fruit

Milk

Thurs, Sept. 28

Healthy Whole Grain Breakfast Round

Fresh Fruit

Milk

Fri., Sept. 29

Ham & Cheese Bagel

Fresh Fruit

Milk



Neshobe Elementary School Breakfast August/September 2017

DAILY BREAKFAST OPTIONS

Cereals w/Graham Crackers or Bagels w/Cream Cheese or Special of the Day

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

**Hood Milk:
1% white or
Fat-Free Chocolate**

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations
Scott Choiniere
scott@abbeygroup.net



Prices

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Adult Breakfast	\$2.75	Adult Lunch	\$4.10

Milk \$0.50

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<http://www.abbeygroup.net/careers.php>

