



This Institution is an equal opportunity provider
Menus are subject to change

Taste Test
Event
Thursday
Sept. 14

Featuring
Tomatoes
& Summer Squash



Mon., Sept. 4

Labor Day

Tues., Sept. 5

Chicken Patty Sandwich
w/Lettuce & Tomato
Oven Baked French Fries
Steamed Green Beans

Wed., Sept. 6

Chicken Caesar Salad Wrap

Fresh Carrot Sticks w/ Hummus Dip

Thurs., Sept. 7

Meatball Sub

Creamy Coleslaw

Steamed Corn

Fri., Sept. 8

BirthDay Celebration
Dress Your Own Hot Dog
Garden Pasta Salad
Baked Beans

Mon., Sept. 11

Chicken Gyro
Cucumber Greek Salad
Fresh Celery w/ Hummus Dip

Tues., Sept. 12

Nachos Supreme
Homemade Salsa w/Fresh Tomatoes
Cherry Tomato & Corn Salad

Wed., Sept. 13

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Zucchini Parmesan
Warm Black Beans

Thurs, Sept. 14

Taste Test Event
Creamy Macaroni & Cheese
Homemade Cornbread
Steamed Carrots
Roasted Zucchini Sticks

Fri., Sept. 15

Maple Apple French Toast Bake
Local Maple Syrup
Fresh Cut Sweet & White Home Fries
Fresh Green Pepper Strips

Mon., Sept. 18

Oven Baked Chicken Nuggets w/Dipping Sauce
Hand Cut Roasted Potato Wedges
Baked Beans

Tues., Sept. 19

Taco Bar w/ Soft Shell
Homemade Salsa w/Fresh Tomatoes
Cherry Tomato & Corn Salad

Wed., Sept. 20

Chef's Choice Pizzas
Pepperoni, Cheese or Veggie
Local Corn on the Cob
Chopped Green Salad

Thurs, Sept. 21

Chef's Special Homemade Goulash
Garlic Breadstick
Seasoned Summer Squash

Fri., Sept. 22

Grilled Cheese Sandwich
From Scratch Chicken Noodle Soup
Celery Sticks w/Hummus Dip

Mon., Sept. 25

Dress Your Own Burger
Hand Cut French Fries
Baked Beans

Tues., Sept. 26

Chicken Fajitas w/Sauteed Onions & Peppers
Rice Pilaf
Marinated Black Beans

Wed., Sept. 27

Pork Fried Rice
Steamed Broccoli
Dinner Roll
Fortune Cookie

Thurs, Sept. 28

Spaghetti w/ Meat or Marinara Sauce
Garlic Breadstick
Fresh Carrot Sticks w/Hummus

Fri., Sept. 29

Pizza Quesadilla
Caesar Salad
Steamed Green Beans

Molly Stark Elementary
Lunch
August/September 2017

Daily Lunch Offerings:
Main Meal or
Yogurt Meal or
Deli Sandwich or
Salad Bar

Offered with all Meals
Fresh Fruit
**Hood Milk: Skim,
1% white or
Fat-Free Chocolate**

Harvest of the Month



August
Tomatoes

September
Summer Squash



Local Products Used
when available

Items in bold and italicized are Local Products

Items in Bold and Underlined are Harvest of the Month & Feed Items

All items in Bold are Recipes from the New School Cuisine Cookbook created by Vermont FEED

Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included

Adult	Adult
Breakfast \$2.50	Lunch \$3.75
	Milk \$.50

Pay for meals on-line

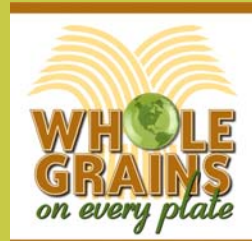
For free on-line service go to

<http://www.abbeygroup.net>

Search for Your School and Click the K12 Payment Center link

We Support Local New England Companies

Clearbrook Farm
Maplebrook Farm
Youth Horticultural Group
Koffee Kup Bakery/VT Bread Co.- Breads & Rolls
Cabot Cooperative- Yogurt, Sour Cream
King Arthur Flour- Dinner Rolls, Pizza Dough
Chappelle's Potatoes
Georgia Mtn. Maples Syrup- VT. Maple Syrup
Sunrise Orchards-Apples
Mazza Farm Stand- Local Produce
Green Mtn. Farms- Cream Cheese
Hood-Milk





Breakfast in the Classroom

BACK TO SCHOOL

This Institution is an equal opportunity provider
Menus are subject to change

Mon., Sept. 4	Tues., Sept. 5	Wed., Sept. 6	Thurs., Sept. 7	Fri., Sept. 8
Labor Day	Whole Grain Cherry Frudel Fresh Fruit Milk	Cinnamon Cream Cheese Filled Bagel Fresh Fruit Milk	Blueberry Muffin & Animal Crackers Fresh Fruit Milk	Maple Burstin Pancakes Fresh Fruit Milk
Mon., Sept. 11	Tues., Sept. 12	Wed., Sept. 13	Thurs, Sept. 14	Fri., Sept. 15
Whole Grain Banana Bread Fresh Fruit Milk	Whole Grain Cherry Frudel Fresh Fruit Milk	Cinnamon Cream Cheese Filled Bagel Fresh Fruit Milk	Blueberry Muffin & Animal Crackers Fresh Fruit Milk	Maple Burstin Pancakes Fresh Fruit Milk
Mon., Sept. 18	Tues., Sept. 19	Wed., Sept. 20	Thurs, Sept. 21	Fri., Sept. 22
Whole Grain Banana Bread Fresh Fruit Milk	Whole Grain Cherry Frudel Fresh Fruit Milk	Cinnamon Cream Cheese Filled Bagel Fresh Fruit Milk	Blueberry Muffin & Animal Crackers Fresh Fruit Milk	Maple Burstin Pancakes Fresh Fruit Milk
Mon., Sept. 25	Tues., Sept. 26	Wed., Sept. 27	Thurs, Sept. 28	Fri., Sept. 29
Whole Grain Banana Bread Fresh Fruit Milk	Whole Grain Cherry Frudel Fresh Fruit Milk	Cinnamon Cream Cheese Filled Bagel Fresh Fruit Milk	Blueberry Muffin & Animal Crackers Fresh Fruit Milk	Maple Burstin Pancakes Fresh Fruit Milk



**Molly Stark Elementary
Breakfast**
August/September 2017

DAILY BREAKFAST OPTIONS

Students may take two fruit servings with each meal. They must take at least one to qualify for the meal prices listed.

Hood Milk: Skim, 1% white or Fat-Free Chocolate

Questions or Comments regarding your School Meal Program?

Please contact The Abbey Group Vice President of Operations Scott Choiniere
scott@abbeygroup.net



Prices

Community Eligibility Provision

Meals to all Students are Free
Snacks & Snack Milk not included

Adult Breakfast \$2.50	Milk \$.50	Adult Lunch \$3.75
------------------------	------------	--------------------

Pay for meals on-line
For free on-line service go to
<http://www.abbeygroup.net>
Search for Your School and Click the K12 Payment Center link

Looking for a job that lets you be at home when your family needs you there?

Come Join our Team!!
Go to the link below.

You can download an application or see what we have available through Careerbuilder.

<http://www.abbeygroup.net/careers.php>

